

2025

Approved Scent-free Products

Integrated Chronic Care Service (ICCS)

No Scent is Good Sense

The products listed in this pamphlet are approved as scent-free (they **do not** have any added scents or fragrances).

These products can be found in the health food section of most grocery stores or in health food stores. **Please only use scent-free products before your appointments at the ICCS.**

To become scent-free for your ICCS appointments, please see the Becoming scent-free for your ICCS appointments section of pamphlet 1933, *Integrated Chronic Care Service (ICCS) Scent-free Information*:

- › www.nshealth.ca/patient-education-resources/1933



Laundry

- Borax
- Baking soda
- Down East®
- ECOS® Free & Clear
- Kirkland Signature Free & Clear Ultra Clean
- President's Choice® Free
- Seventh Generation™ Free & Clear
- Sunlight® Free & Clear®
- The Soap Company of Nova Scotia Choice Laundry Powder unscented

- Tide® Free & Gentle™

Shampoo and conditioner

- Carina Organics Botanical Therapeutic unscented
- Carina Organics unscented
- Curelle Hydra
- Desert Essence® Organics fragrance-free
- Druide® Pur&Pure
- Earth Science® Fragrance Free
- Green Cricket™ Sky
- Live Clean® Sensitive Hypoallergenic Fragrance Free
- Nature Clean® – Pure-Sensitive
- Oneka® unscented
- Scentuals Scentfree

Body wash

- Aveeno® Fragrance Free
- Desert Essence® Organics
- Druide® Pur&Pure
- Green Cricket™ Sky
- JÄSÖN® Sensitive Skin
- Kiss My Face® fragrance-free – sensitive type
- Oneka® Unscented Shower Gel

Soap bars


- Aveeno® fragrance free Moisturing Bar

- Dove Sensitive Skin Beauty Bar
- Kiss My Face® Olive Oil Bar Soap
- Nature Clean® Sensitive Face-Body-Bath Bar
- The Soap Company of Nova Scotia unscented soap bar
- The Soap Works® Pure Glycerine Soap bar
- Goat milk soap – unscented

Body and hand lotions

- Aveeno® Fragrance Free
- Desert Essence® Organics Fragrance Free Hand and Body Lotion
- Druide® Pur&Pure Face&Body Lotion
- Jergens® Ultra Care fragrance free
- Kiss My Face® Fragrance Free
- Lubriderm® Daily Moisture Lotion – fragrance-free
- Nature's Gate® – fragrance-free
- The Soap Company of Nova Scotia Ltd. – unscented cream

Makeup

- Clinique™ (full line of makeup)
 - Ecco Bella
 - La Roche-Posay® sensitive skin makeup
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- Marcelle® (full line of makeup)
- Pür™ Minerals pressed mineral makeup
- Suncoat®

Deodorant

- Avon OnDuty Unscented Roll-On
- Dr. mist™ fragrance free
- Dry Idea® unscented Roll-On
- Kiss My Face® Liquid Rock® Roll-On
- Routine. Bonnie N Clyde unscented
- Schmidt's® Fragrance Free Natural Deodorant
- Tom's of Maine® Unscented Long Lasting Deodorant
- Crystal rock deodorant
- Baking soda

Hairspray, gel, mousse

- Carina Organics unscented hairspray and gel
- Dippity-Do® unscented Sport Gel
- Magick Botanicals hairspray and gel – fragrance-free
- DESIGNME brand PUFF.ME volumizing powder spray – scent free
- Salon Grafix® unscented

Hair dye

- Herbatint® – fragrance-free
- Tints of Nature®

Note: If you are sensitive to scents, **do not** use the products included in the hair dye package. Use scent-free shampoo and conditioner instead.

Shaving

- Unscented aloe vera aftershave
- Any unscented soap that lathers (makes bubbles) well
- Aveeno® Skin Relief Shave Gel
- Gillette® Fusion Pure & Sensitive
- Thayers® Astringent After Shave Witch Hazel
- Electric razor

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

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