

Family Feeding Clinic

Valley Regional Hospital

The Family Feeding Clinic helps with concerns about feeding your baby after you leave the hospital. We are a breastfeeding and chestfeeding-friendly, supportive space.

- **We can help with:**

- › Breastfeeding and/or chestfeeding support
- › Latch or positioning concerns
- › Milk supply questions
- › Pain or trouble with feeding
- › Bottle feeding or combination feeding
- › General newborn feeding concerns



Who can book an appointment?

- We see families with babies **up to 4 weeks old**.
- If you have any feeding concerns after you and your baby have left the hospital, you can call or email to book an appointment:
 - › Phone: 902-678-7381, extension 3054
 - › Email: familyfeedingclinicwz@nshealth.ca

Where is the clinic?

Valley Regional Hospital
150 Exhibition Street
Kentville, NS B4N5E3



This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find all patient education resources here:
www.nshealth.ca/patient-education-resources

Connect with a registered nurse in Nova Scotia any time:
Call 811 or visit: <https://811.novascotia.ca>

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