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2026

After Hand Surgery: Closed Reduction and Percutaneous Pinning (CRPP) for a Finger Fracture

Halifax Infirmary, QE II

What happened during my surgery?

- You had surgery to fix a fracture (broken bone) in your finger.
- Your surgeon used pins to align (line up) the broken bone.
- After your surgery, you will have a splint.

Can I move my finger?



- **Do not** move your operated finger. You may only move your fingers that **were not** operated on.
  - › **If you use your operated hand too much, the pins can move and your hand may not heal as it should**.
- **Do not** bend or touch the pins. Keep them clean and dry.

How do I care for my splint?

- **Do not** remove your splint. Wear it **at all times**.
- Keep your splint and your hand dry.
  - › To bathe or shower, use a plastic bag or plastic wrap to cover your arm up to your elbow.
  - › **Do not** soak your hand until your surgeon says it is OK.
- If your splint is soft or loose, call the Plastic Surgery Clinic.
  - › Phone: 902-473-7518

Call your primary health care provider (family doctor or nurse practitioner) or surgeon if:

- The pins are loose or fall out
- Your finger changes colour (like white, blue, or purple)
- You have more pain, redness, swelling, or drainage
- You have a lot of bleeding that does not stop after raising your arm above your heart
- You have a fever (temperature above 38 °C or 100.4 °F) or chills

If you cannot reach your primary health care provider or surgeon, go to the nearest Emergency Department right away.

Can I drive?

☐ Yes. **If you are not taking opioids**, you may drive 24 hours after surgery.

☐ No. **Do not drive until your surgeon says it is safe**.

Follow-up appointment

Plastic Surgery Clinic, Halifax Infirmary

- Phone: 902-473-7518

Date: _____ Time: _____

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find all patient education resources here:
www.nshealth.ca/patient-education-resources

Connect with a registered nurse in Nova Scotia any time:
Call 811 or visit: https://811.novascotia.ca

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