

HOW TO USE THE HIV SELF-TEST

WHAT YOU SHOULD HAVE READY



1x Test Kit



1x Gauze



1x Bandage



Paper Towel



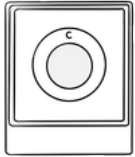
1x Lancet transport container

Scan for video

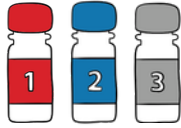


STEP 1 - WASH HANDS

- Wash your hands with soap and water and pat them dry.



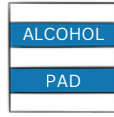
Test device



Bottles



Lancet



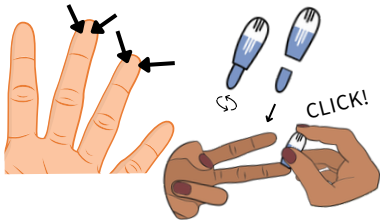
Alcohol Pad

STEP 2 - OPEN TEST

- Lay out a paper towel on a clean, flat surface.
- Tear open the test kit on the tear strip.
- Lay out the contents of the test kit:
 - Test device (open package)
 - Bottles #1, #2, and #3
 - Lancet, alcohol pad
- Take the cap off **bottle #1** and put it on the paper towel.

STEP 3 - PREPARE FINGER

- Choose the finger that will be poked. If possible, use the middle or ring finger.
- Warm hands by rubbing together or washing with warm water. Focus on the finger that will be poked.
- Open the bandage and lay it flat on the paper towel.
- Open the alcohol pad. Wipe the fingertip of your chosen finger.
- Let it dry completely, then move to the next step.

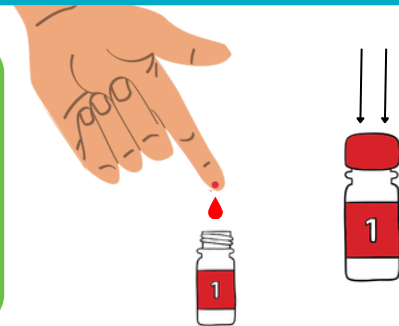


STEP 4 - FINGERSTICK

- Remove the protective cap from the lancet by twisting and pulling it off.
- Position your hand palm up on a clean surface.
- Position the lancet on the cleaned fingertip. Choose a spot that is slightly off-center of the fingertip, away from the nail. Avoid calluses or old cuts/wounds.
- Once the lancet is in position, press firmly until you hear a click to puncture the skin.

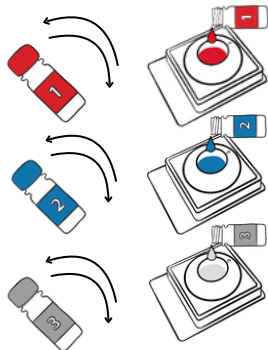
STEP 5 - COLLECT BLOOD

- Lift your hand and point the poked finger downward.
- Being careful not to touch the puncture site, gently massage your hand/finger until a large droplet of blood forms.
- Hold your finger over **bottle #1**.
- Let 1 large drop of blood fall into **bottle #1**. If unsure if enough blood was used, let a second drop of blood fall into **bottle #1**.
- Apply pressure to the puncture site with gauze and cover with the bandage
- Re-cap **bottle #1**.



STEP 6 - PROCESS SAMPLE

- Make sure the cap is firmly on **bottle #1**. DO NOT SHAKE.
- Slowly flip **bottle #1** upside down several times to mix.
- Pour the contents of **bottle #1** into the circular well of the test device.
- Allow to absorb completely, then immediately move onto the next step.
- Flip **bottle #2** upside down several times to mix. Pour the entire contents into the circular well of the test device and wait for the liquid to completely absorb.
- Pour the contents of bottle #3 into the circular well and allow it to absorb completely.
- You will be able to see your results right away (see next page).
- You must read your results within FIVE MINUTES of adding **bottle #3**.



STEP 7 - CLEANUP

- When you are finished, dispose of the lancet in a sharps container or in the lancet transport container, then return it to a location with a sharps container, for example, a pharmacy.
- Put the remaining test supplies in the garbage.
- Wash your hands again with soap and water.



HOW TO INTERPRET YOUR HIV SELF-TEST

READ RESULT IMMEDIATELY

Read the results in a well-lit area within **5 minutes** of completing the testing procedure to avoid incorrect results. When reading the result, ensure the tab of the test device is facing towards you.

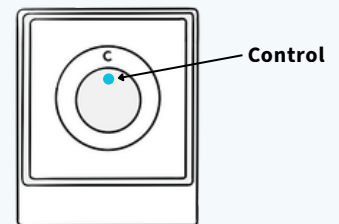
IMPORTANT: Report ALL of Your Results to the STI Care Now Team

- ALL test results should be reported to the STI Care Now team. This includes non-reactive results.
- To receive care from the STI Care Now team, you must report your HIV self-test result using the online form.
- The link to the form was sent to you in the confirmation email after you completed the intake form.
- You can also access the form by scanning the QR code on the right with your phone's camera, then tapping the link that appears.
- If that doesn't work or if you require assistance to complete the form, you can call 1-833-797-7772 between 7:30 am and 3:30 pm daily.



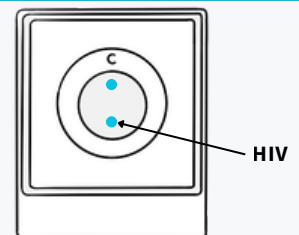
NON REACTIVE FOR HIV

- **One blue control dot** appears on the top of the circular well of the test device
- This means that the test did NOT detect antibodies for HIV in your sample
- No further testing is required
- Report your results to the STI Care Now Team



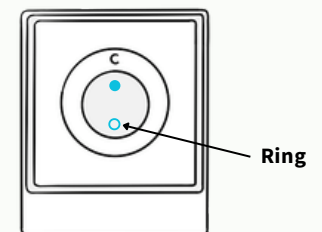
REACTIVE FOR HIV

- **Two blue dots:** one control and one HIV dot
 - Note: one dot may be darker than the other
- This means HIV antibodies are detected in the sample and further testing is required to determine if you have an infection
- Report your results to the STI Care Now Team for further testing to determine if you have an infection



INDETERMINATE RESULTS

- The **control dot and a blue ring** in the HIV test area
- This means that the test was not able to determine whether you have an infection or not
- Report your results to the STI Care Now Team for further testing to determine if you have the infection. You may request another HIV self-test online, by calling 1-833-797-7772, or at a partner location.



INVALID RESULTS

- **No dots, only blue dots** in tests area or **blue specks**
- This means that the test was run incorrectly, or not enough blood was added.
- Report your results to the STI Care Now Team for further testing to determine if you have an infection.
- You may request another HIV self-test online, by calling 1-833-797-7772, or at a partner location.

