



About us

Nova Scotia Health's Eastern Zone includes Cape Breton Island (Cape Breton, Inverness, Richmond and Victoria counties) and Antigonish and Guysborough counties.

Our people

- 5,319 employees (unionized and non-unionized)
- 568 physicians including specialists and family doctors
- 150 volunteers (approximate)
- 13 foundations
- 6 auxiliaries
- 9 community health boards (CHBs)

Our work

- 85,168 annual emergency visits
- 10,354 surgeries
- 573,858 outpatient visits
- 173,710 diagnostic imaging exams

Patient feedback

Compliments and/or concerns about care can be shared directly with a patient's health care provider(s) or unit/department manager, or formally with our patient relations team at 1-844-884-4177 or by email: EZpatientrelations@nshealth.ca



Please be aware that Nova Scotia's Personal Health Information Act requires we have the expressed consent of the patient or their substitute decision-maker before we are able to share any personal health information.

Our facilities

2 Regional hospitals

- Cape Breton Regional Hospital (Sydney)
- St. Martha's Regional Hospital (Antigonish)

11 Community hospitals

- Buchanan Memorial Community Health Centre (Neils Harbour)
- Eastern Memorial Hospital (Canso)
- Glace Bay Hospital (Glace Bay)
- Guysborough Memorial Hospital (Guysborough)
- Inverness Consolidated Memorial Hospital (Inverness)
- New Waterford Consolidated Hospital (New Waterford)
- Northside General Hospital (North Sydney)
- Sacred Heart Community Health Centre (Cheticamp)
- St. Mary's Memorial Hospital (Sherbrooke)
- Strait Richmond Hospital (Evanston)
- Victoria County Memorial Hospital (Baddeck)

2 long-term care facilities

- Harbourview Hospital (Sydney Mines)
- Taigh Na Mara (Glace Bay)



Blood (Lab) Collection

Appointments are required for blood collection service. Visit <https://booking.nshealth.ca> to book your appointment at any of our facilities, except Harbourview Hospital or Taigh Na Mara.



Patients can also book their appointment by phone. Please note: you cannot leave a message. If you live in or near:

- **Sydney, Glace Bay, Inverness, Neils Harbour, New Waterford, North Sydney, Cheticamp and Baddeck**, call toll-free 1-833-395-1440 from 8 a.m. to 3:30 p.m., Monday to Friday, except holidays
- **Antigonish, Canso, Guysborough and Sherbrooke**, call 1-855-867-8821 toll-free from 7 a.m. to 2:45 p.m., Monday to Friday, except holidays
- the **Strait Richmond area, including Evanston**, call 902-625-7720 from 1 p.m. to 3 p.m., Monday to Friday, except holidays

Diagnostic Imaging (X-ray)

You need a doctor's referral for all diagnostic imaging, including X-ray, ultrasound and MRI. Visit nshealth.ca/diagnostic-imaging for more information. Women over 40 with no breast problems may self-refer for a mammogram by calling toll-free 1-800-565-0548.

