

HOW TO USE A RECTAL SWAB

WHAT YOU SHOULD HAVE READY (FROM YOUR TESTING KIT)



1x Resealable Biohazard Plastic Bag (Bag #1) Labeled **RECTAL**



1x Rectal Swab



1x Orange Multitest Tube



Cup



Paper Towel

STEP 1 - WASH HANDS

- Wash your hands with soap and water and pat them dry.



STEP 2 - PREPARE TUBE

IMPORTANT: When handling the tube, **do not puncture the foil on the cap, pour out, or spill the liquid.** If the liquid in the tube spills, the **swab cannot be tested**, and the test must be **repeated**.

- Lay the paper towel on a flat surface.
- Twist the cap off the orange tube.
- Place the cap **foil side down** on the paper towel.
- Put the orange tube upright where it will not spill (i.e. in a cup).

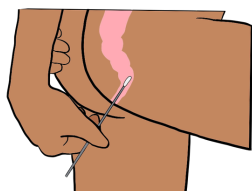
STEP 3 - PREPARE SWAB

IMPORTANT: When handling the swab, **only touch the plastic handle.** **Do not touch the tip or put it down to prevent contamination.**

- Partially open the swab package so it is easy to access.
- Leave swab in packaging.



4 cm

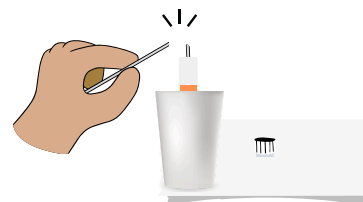


STEP 4 - COLLECT SAMPLE

- Move into a position that gives you easiest access to your anus, such as squatting, or lying on your side with your top leg pulled toward your chest.
- With one hand, **grip the swab between your fingers** and remove from the packaging. Point the tip of the swab towards the opening of your anus.
- With the other hand, **spread one bum cheek to the side.**
- Insert the swab about **4 cm** into the rectum.
- Gently move the swab in a circle **2 or 3 times**, touching the inside walls of the rectum.

STEP 5 - PLACE SAMPLE IN TUBE

- Take the swab out and put it in the orange tube.
- Break the swab at the **score line**.



STEP 6 - PUT SAMPLE IN RESEALABLE BAG

- Twist the cap **tightly** to close the tube.
- Put the tube in the resealable biohazard plastic bag (Bag #1) labeled **RECTAL**.
- Seal the bag.

STEP 7 - CLEANUP

- When you are finished, put the remaining test supplies in the garbage and wash your hands again with soap and water.
- Return the sample as instructed.



Print on 8.5"x11" paper

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