



a HealthyNS Program

FREE Online Class **Incredible Years -** **Preschool 2.0** **(14 week series)**

This program focuses on improving your child's social and emotional skills and reducing behaviour problems. In Preschool 2.0, facilitators will be using updated videos and program materials. This program is for parents of children who are 3-6 years old.

Sign up today:

Visit: www.healthyNS.ca
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SCAN HERE
to register

