

Doxy PEP

Doxy PEP information

- Doxy PEP stands for doxycycline post exposure prophylaxis.
- Doxy PEP is a medication used by people who are at ongoing risk of getting chlamydia, syphilis and gonorrhoea infections to prevent them from getting these infections.
- Studies have shown that Doxy PEP helps prevent chlamydia, syphilis and possibly gonorrhoea infections in cisgender gay and bisexual men who have sex with men and transgender women. It has not been shown to work in other populations.
- People using Doxy PEP take one dose of doxycycline as soon as possible after condomless sex, ideally within 24 hours, but it can be taken up to 72 hours after sex. People using Doxy PEP also have regular STI testing and telephone check-ins with the STI Care Now pharmacists.
- Doxy PEP is safe and well tolerated. Some people may experience heartburn, mild nausea, diarrhea, or sun sensitivity.
- For more information about Doxy PEP, click here: <https://www.catie.ca/doxycycline>

What should I expect during an appointment for Doxy PEP?

- If you request a Doxy PEP assessment, an STI Care Now team member will reach out to you within 72 hours to book an initial appointment with a pharmacist. This call may come from a blocked number.
- The initial Doxy PEP telephone appointment will take approximately 30 minutes. You will not get a prescription for Doxy PEP after your first appointment. During this time the pharmacist will help you understand:
 - What Doxy PEP is
 - The Doxy PEP follow-up testing and appointments
 - The risks and benefits of Doxy PEP
 - If Doxy PEP might be right for you
- If you would benefit from and decide you would like to take Doxy PEP, you will be asked to complete testing to ensure you do not currently have chlamydia, syphilis, or gonorrhoea. You will then have a second telephone appointment with the pharmacist to review your test results and, if appropriate, prescribe Doxy PEP.