

# Abdominal Wall Fat Pad Biopsy

## Abdominal Wall Fat Pad Biopsy:

- A biopsy is done by removing a few small fat droplets from the body that is sent to a lab for examination.
- This is done using a technique called needle aspiration. Needle aspiration is when a very thin needle is used to collect a sample of cells or fluid.

## How the Test is Done:

- The skin on your belly will be cleaned thoroughly.
- A numbing medication will be injected into the area.
- A needle is then placed through the skin and into the fat pad under the skin.
- You may or may not feel some discomfort or pressure when the needle is inserted.
- The needle is used to remove fat droplets that is then sent to a lab for further analysis.
- A band-aid® is placed over the area.
- The whole procedure will take about 10 minutes.

## After the Test:

- Band-aid® can be removed 48 hours after procedure.
- The area may feel sore, tender or may possibly bruise.
- There is a minor risk for infection or possible bleeding.

**Patient and family feedback is very important to us.**

**We would like to invite you to send any comments or suggestions on how to improve this booklet to [education.cancercare@nshealth.ca](mailto:education.cancercare@nshealth.ca) or feel free to call us at 1-866-599-2267.**

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*If you have any questions, please ask your health care provider.*