

Cancer Care Provincial Comfort Centres

The Sunshine Room

Location: Room 1-024, Main floor, VG/Centennial Building, Halifax

Hours: 9am – 3pm, Monday to Friday

Telephone: (902) 473-6567

You can access the following with the help of Volunteers:

- Educational materials
- Homemade items such as lap-blankets, head scarves and caps
- Support
- Nourishment
- Wigs and hair services
- Massage therapy
- Reiki
- Reflexology



Cathy's Place Cancer Resource Room

Location: Room 4313A, St. Martha's Regional Hospital, Antigonish

Hours: 8am – 4pm, Monday through Friday

Telephone: (902) 867-4500 or (902) 863-2830; Extension 4245

You can access the following items with the help of Community Cancer Patient Navigators:

- Wigs, headwraps, caps and temporary breast prosthetics (limited availability in stock)
- Educational materials
- Locally donated items (lap blankets, hats, scarves, etc.)

Journey Room

Location: Room 3121, South Shore Regional Hospital, Bridgewater

Hours: 8am-4pm, Monday to Friday

You can access the following items with the help of volunteers:

- Hats (sun hat, bamboo beanies, knit hats)
- Wigs (limited availability)
- Education materials
- Locally donated items (lap blankets and scarves)



Yarmouth Regional Comfort Centre

Location: 4th Floor, Yarmouth Regional Hospital, Yarmouth

Hours: 8am-4pm, Monday to Friday (Volunteers assist from 9am-12pm)

Telephone: (902) 746-1269 or (902) 749-1381

You can access the following items:

- Skin care products
- Educational materials
- Wigs (limited supply)
- Locally donated items (head wraps, scarfs, and bonnets)
- Some breast prosthesis and mastectomy bras (patient must be aware of their required size)



*Prepared by: Nova Scotia Health Cancer Care Program
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This pamphlet is for educational purposes only.

It is not intended to replace the advice or professional judgment of a health care provider.

If you have any questions, please ask your health care provider.