

STI Care Now – What to Expect

What to Expect When You Order a Kit to your Address of Choice

Step 1: Fill out the online form

- Answer questions about the types of sex you have had, prior testing you have had completed and personal risk factors for testing
- Choose the testing and services you want to access
- Read and agree to the consent and privacy statement
- Provide your contact information
- Confirm all of your details, and click 'Finish'

Step 2: Review by the STI Care Now team

- A trained team member reviews your form
- They prepare the correct testing kit for you

Step 3: Your kit is mailed

- Your kit is mailed to the address you provided
- You will receive an email when your kit has shipped

What the Package Looks Like

The package is plain and discreet. It does not say Nova Scotia Health, STI, sexual health, or testing on the outside. It does have your shipping address on a white label.



What's Inside the Kit

- Urine collection kit
- Swab kits (vagina/ vulva/ vaginal opening/ front hole, mouth/ throat, anus/ rectum/ butthole)

- Blood work requisition
- HIV self-test kit (if requested)
- Instructions and return packaging

[Insert image of kit contents here]

What's NOT Inside the Kit

- Bloodwork requisition (HIV and/or syphilis testing) - this will be emailed to you

Completing your test(s)

- Follow the instructions in your kit for self-testing
- Package and return samples as directed

If you requested bloodwork:

- Schedule a bloodwork appointment: prebooking.nshealth.ca
- Visit a blood collection site with your requisition

Getting your results:

- Results will be shared with you after all tests are back (self-testing results and bloodwork)
- Negative results will be sent by email, if an email has been provided.
- Positive results will preferably be shared by phone. If only an email has been provided an STI Care Now team member will email you to schedule an appointment.

What We Test For, if requested:

- Chlamydia
- Gonorrhea
- HIV
- Syphilis

What We Do NOT Test For:

- Trichomoniasis
- Bacterial vaginosis (BV)
- Herpes (HSV)
- HPV
- Hepatitis A, B, or C
- Yeast infections
- Crabs/public lice
- Scabies