# **NEED A FAMILY PRACTICE REGISTRY**

Data Summary: March 1, 2018

**Prepared for: NSHA Reports, Statistics and Accountability** 







#### **INTRODUCTION**

Nova Scotia Health Authority's Need a Family Practice registry was launched on November 1, 2016. The registry provides a coordinated and consistent provincial approach for tracking Nova Scotians who self-identify as not having access to a primary care provider (family doctor or nurse practitioner). People can register themselves and their family members online at <a href="mailto:needafamilypractice@nshealth.ca">needafamilypractice@nshealth.ca</a> or by phone through 811.

The data below report on all registrants since November 2016. They fall into two categories: those not yet placed, and those who have found a primary care provider. Once a registrant is identified to have found a primary care provider, their information is removed from the total number of registrants not yet placed.

	† i	
NOT YET PLACED	FOUND A PRIMARY CARE PROVIDER	
Registrants who have submitted a request to have their name placed on the provincial NFP registy and have not yet been placed with a practice.	Registrants who have found a primary care provider either through	
	(a) Providers/practices confirm people as accepted via a list provided through the NFP registry	
	OR	
	(b) Registrants indicate they have found a primary care provider when contacted or when updating their information in the registry	

## WHAT THE NEED A FAMILY PRACTICE REGISTRY DOES AND DOES NOT DO

The registry allows us, for the first time, to establish provincial data on how many Nova Scotians do not have regular access to primary care and where they are located. That enables us to plan and prioritize work to expand and enhance collaborative family practice teams around the province. The registry acts as a mechanism to track individuals who self-identify they cannot find a family practice and, therefore, is not a strategy that improves access to primary care.

We recognize that the Need a Family Practice registry does not capture every Nova Scotian without access to a primary care provider: not everyone is aware of the registry, and others are not actively seeking a primary care provider.

The registry is also a resource that allows us to provide family doctors and nurse practitioners who are accepting new patients with a list of people in need in their area, according to their date of registration. The College of Physicians and Surgeons of Nova Scotia *Professional Guidelines and Standards Regarding Accepting New Patients* identifies a first come, first serve approach. Primary care providers are not required to accept patients from this list.



# OVERALL HIGHLIGHTS – AS OF MARCH 1, 2018



#### TOTAL NUMBER OF REGISTRANTS WITHOUT A FAMILY PRACTICE

- 44,158 registrants not yet placed with a family practice
- This is 4.8% of the total population in Nova Scotia, based on 2011 census data.



## TOTAL NUMBER OF REGISTRANTS WHO HAVE FOUND A PRIMARY CARE PROVIDER

- 10,501 people have found a primary care provider as tracked through the registry since its launch in November 2016.
- This data is *not* included in the 44,158 volumes.
- Of these, 1,581 people found a primary care provider over the past month.

## TOTAL VOLUMES - MONTHLY REGISTRY ACTIVITY BETWEEN JANUARY 1, 2018 - FEBRUARY 1, 2018

During the month of February, 2,714 new registrations occurred. 2,117 registrants were removed from the registry. Figure 1 highlights the overall activity in the registry during the month of February 2018.

Figure 1: Need a Family Practice Registry - Monthly Activity





#### PROVINCIAL OVERVIEW – TOTAL VOLUMES OF REGISTRANTS NOT YET PLACED

There were 44,158 registrants not yet placed with a family practice as of March 1, 2018.

Figure 2 depicts the total number of registrants not yet placed by zone as a percent of the total Nova Scotia population, based on 2011 Census data

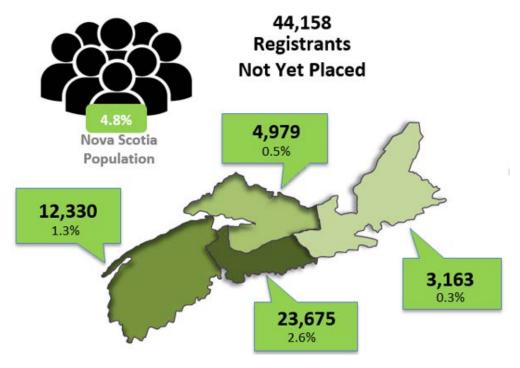
The Nova Scotia Health Authority (NSHA) is divided into four management zones, which includes:

- Central Zone Halifax Regional Municipality, Eastern Shore and West Hants Areas
- Eastern Zone Cape Breton, Antigonish and Guysborough Areas
- Northern Zone Colchester, Cumberland, and Pictou County Areas
- Western Zone Annapolis Valley, South West, and South Shore Areas

Each of the zones includes a number of smaller geographic areas, called community health networks, which are used to support health care planning by the NSHA, the Department of Health and Wellness, and the health research community. The networks closely align with county boundaries. Together these cover all areas of Nova Scotia.

The table below gives a detailed geographical breakdown of the volume of registrants not yet placed by zone and community health network and as a percent of the corresponding Nova Scotia population (Table 1). A small number of people are listed as "unknown." These may be registrants, for example, whose complete address information was not available. These are updated as new information is received.

**Figure 2:** Total Registrants Not Yet Placed by Zone



\*Note: 11 registrations have an unknown zone



**Table 1:** Volumes Not Yet Placed by Zone and Community Health Network and as Percent of the Population by Zone and Community Health Network

Zone/Community Health Network	Total # Not Yet Placed	Population by Zone, Network (2011)	% of Population by Zone, Network (2011)
Central	23,675	409,706	5.8%
Bedford / Sackville	4,045	87,838	4.6%
Dartmouth / Southeastern	7,834	115,427	6.8%
Eastern Shore Musquodoboit	574	18,165	3.2%
Halifax Peninsula / Chebucto	11,128	167,379	6.6%
West Hants	94	20,897	0.4%
Eastern	3,163	163,450	1.9%
Antigonish and Guysborough	222	27,548	0.8%
Cape Breton County	2,067	102,397	2.0%
Inverness / Victoria / Richmond	874	33,505	2.6%
Northern	4,979	150,409	3.3%
Colchester East Hants	2,056	69,991	2.9%
Cumberland	902	34,750	2.6%
Pictou County	1,990	45,668	4.4%
Unknown	31	-	0.0%
Western	12,330	196,284	6.3%
Annapolis and Kings	6,390	78,507	8.1%
Queens and Lunenburg	2,898	59,384	4.9%
Yarmouth / Shelburne /Digby	3,042	58,393	5.2%
Unknown	11	-	0.0%
Total # Not Yet Placed	44,158	919,849	4.8%



# PROVINCIAL OVERVIEW: FOUND A PRIMARY CARE PROVIDER

## **OVERALL PROVINCIAL VOLUMES**

Since the launch of the registry, there were 10,501 registrants who found a provider as tracked via the registry. Of these registrants:

- 5,654 were accepted as new patients by primary care providers who requested and received a list of patient names through the NFP registry.
- 4,847 indicated they had found a primary care provider when contacted or when updating their information in the registry.

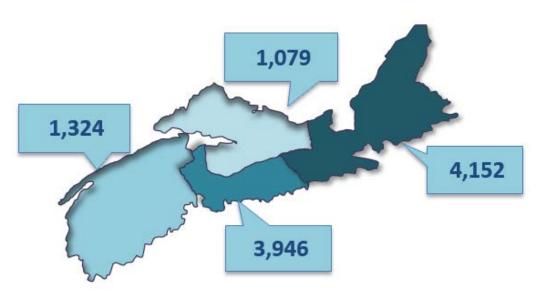
These individuals have been accepted into a family practice and are no longer on the registry.

The total volumes of those who found a primary care provider in each zone (Figure 3) are:

Central Zone: 3,946Eastern Zone: 4,152

Northern Zone: 1,079Western Zone: 1,324

**Figure 3:** Total Volumes – Found a Primary Care Provider



Note: Data are reported at a zone level. Data can become identifiable if reported at a smaller level (e.g., community health network)