

NOVA SCOTIANS ON THE NEED A FAMILY PRACTICE REGISTRY

As of August 1, 2026

As of August 1, there are 54,582 Nova Scotians on the Need a Family Practice Registry.

The last published number was on July 1, when there were 58,473 Nova Scotians on the registry.

By the end of July, the number of Nova Scotians on the registry decreased by 3,891. This number reflects the cumulative result of activity on the registry since its creation, including registrations, attachments to family doctor or nurse practitioner, and other updates to registration status over time.

The percentage of the population on the registry is 5.0%. Nova Scotia Health will next update the registry in early September.

To learn more about the Need a Family Practice Registry, or to register, confirm your registration, update your information, or remove your request, please visit <https://needafamilypractice.nshealth.ca>.

ABOUT THE RESULTS

The Need a Family Practice Registry (NFPR) numbers show a snapshot of what the registry looked like at the exact time the data was collected. The “active” total includes all the activity that has happened on the registry since it started in 2016.

Because people can sign up, get connected to a family doctor or nurse practitioner, cancel their request, sign up again, or change their details, the numbers won’t always add up between categories, locations, or reporting periods, since individuals may appear in more than one category within the same month. Each number should be looked at on its own. Any breakdowns shown elsewhere, such as by zone or network, are simply different ways of looking at the group of people who were active on the registry at the time the data was collected.

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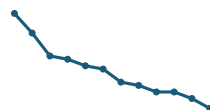
54,582

are Active on the Need a Family Practice Registry,
3,891 less than last month

This represents

5.0%

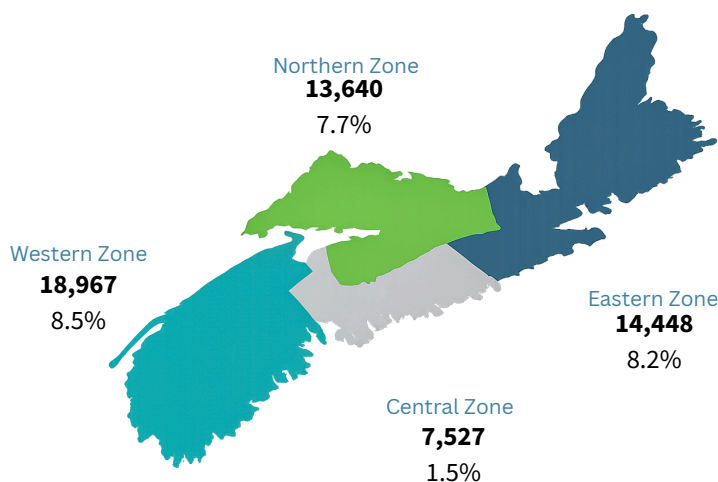
of the Population



Down from 7.9% over
the past 12 months



Total volumes and percent of the Active population by Zone, and Network^[1]



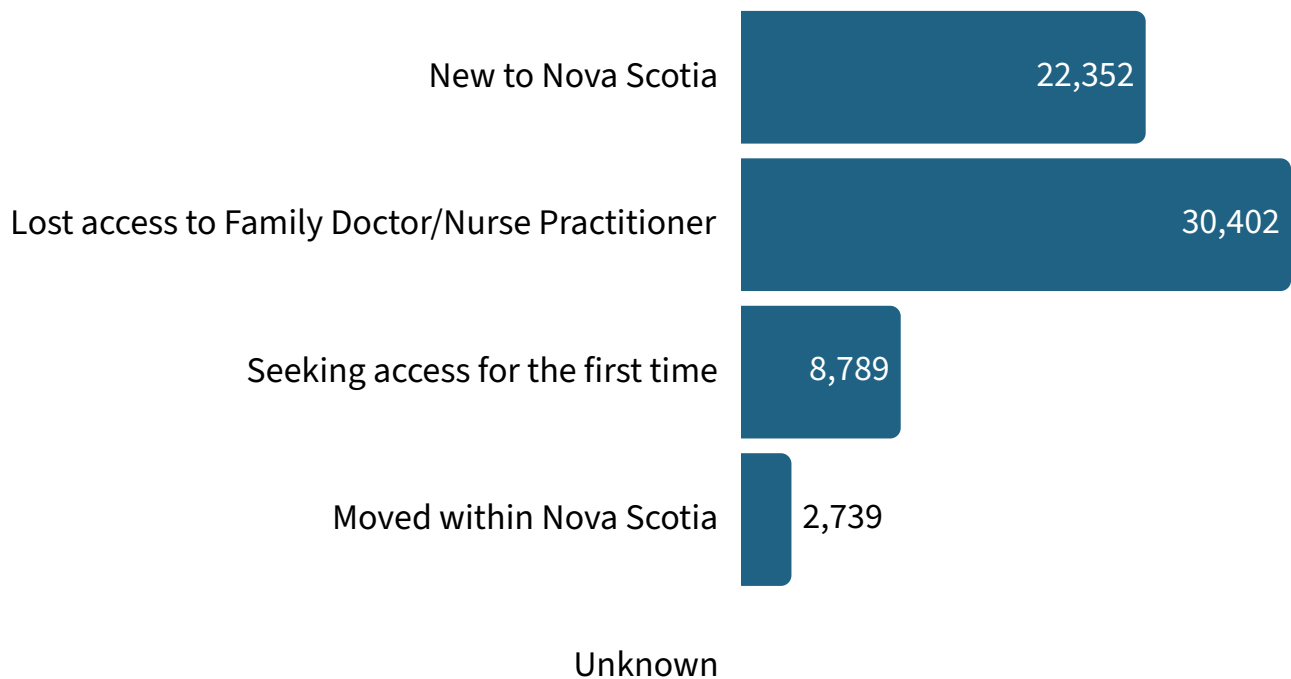
Zone/Network	Total # Active on the NFPR	Previous month	Difference vs Previous Month	% Difference vs Previous Month	Population (2025)	% Population (2025)
Central	7,527	10,327	-2,800	-27.1%	516,219	1.5%
Bedford / Sackville	20	53	-33	-62.3%	129,350	0.0%
Dartmouth / Southeastern	2,260	2,349	-89	-3.8%	134,462	1.7%
Eastern Shore Musquodoboit	501	475	26	5.5%	20,829	2.4%
Halifax Peninsula / Chebucto	4,137	6,214	-2,077	-33.4%	205,171	2.0%
West Hants	609	1,236	-627	-50.7%	26,407	2.3%
Eastern	14,448	14,938	-490	-3.3%	177,227	8.2%
Antigonish and Guysborough	2,276	2,347	-71	-3.0%	30,573	7.4%
Cape Breton County	10,952	11,399	-447	-3.9%	110,031	10.0%
Inverness / Victoria / Richmond	1,220	1,192	28	2.3%	36,623	3.3%
Northern	13,640	13,933	-293	-2.1%	176,525	7.7%
Colchester East Hants	4,761	4,895	-134	-2.7%	88,978	5.4%
Cumberland	1,196	1,327	-131	-9.9%	37,698	3.2%
Pictou County	7,683	7,711	-28	-0.4%	49,849	15.4%
Western	18,967	19,275	-308	-1.6%	223,274	8.5%
Annapolis and Kings	7,229	7,350	-121	-1.6%	90,185	8.0%
Queens and Lunenburg	6,237	6,741	-504	-7.5%	68,199	9.1%
Yarmouth / Shelburne / Digby	5,501	5,184	317	6.1%	64,890	8.5%

[1] As of March 2025, population stats updated to 2025 release from Statistics Canada.

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As of August, 2026

Total Active Breakdown



Monthly Activity

	New Registrants	2,994		Attached Registrants	7,798
	Returned Registrants	1,903		Resolved Registrants	4,135
	Total Registry Entries	4,897		Attached & Resolved	11,933

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NEED A FAMILY PRACTICE REGISTRY: GLOSSARY

Active Registrants:

Registrants who are being actively supported to be attached to a family doctor or nurse practitioner.

New Registrants:

Persons who have newly joined the Need a Family Practice Registry via the request for registration process.

Returned Registrants:

When a person returns to active in the registry and requires further support to be attached to a family doctor or nurse practitioner.

Total Registry Entries:

The sum of all newly active registrants. This number includes both new registrants and returned registrants.

Attached Registrants:

When a person has been attached to a family doctor or nurse practitioner.

Resolved Registrants:

When a person no longer requires support to be attached.

Attached & Resolved:

The sum of all attached and resolved registrants.