

NOVA SCOTIANS ON THE NEED A FAMILY PRACTICE REGISTRY

As of October 1, 2026

As of October 1, there are 49,338 Nova Scotians on the Need a Family Practice Registry.

The last published number was on September 1, when there were 52,771 Nova Scotians on the registry.

By the end of September, the number of Nova Scotians on the registry decreased by 3,433. This number reflects the cumulative result of activity on the registry since its creation, including registrations, attachments to family doctor or nurse practitioner, and other updates to registration status over time.

The percentage of the population on the registry is 4.5%. Nova Scotia Health will next update the registry in early November.

To learn more about the Need a Family Practice Registry, or to register, confirm your registration, update your information, or remove your request, please visit <https://needafamilypractice.nshealth.ca>.

ABOUT THE RESULTS

The Need a Family Practice Registry (NFPR) numbers show a snapshot of what the registry looked like at the exact time the data was collected. The “active” total includes all the activity that has happened on the registry since it started in 2016.

Because people can sign up, get connected to a family doctor or nurse practitioner, cancel their request, sign up again, or change their details, the numbers won’t always add up between categories, locations, or reporting periods, since individuals may appear in more than one category within the same month. Each number should be looked at on its own. Any breakdowns shown elsewhere, such as by zone or network, are simply different ways of looking at the group of people who were active on the registry at the time the data was collected.

NOVA SCOTIANS ON THE NEED A FAMILY PRACTICE REGISTRY

As of October, 2026

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49,338

are Active on the Need a Family Practice Registry,
3,433 less than last month

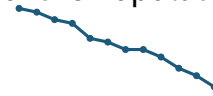
This represents

4.5%

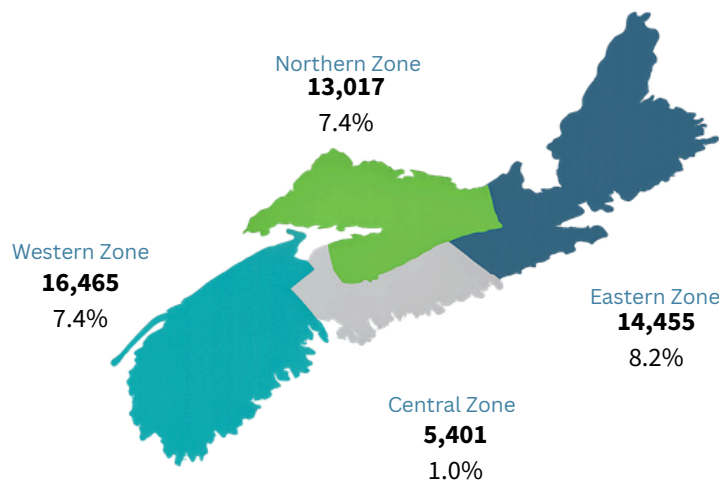
of the Population



Down from 6.6% over
the past 12 months



Total volumes and percent of the Active population by Zone, and Network^[1]



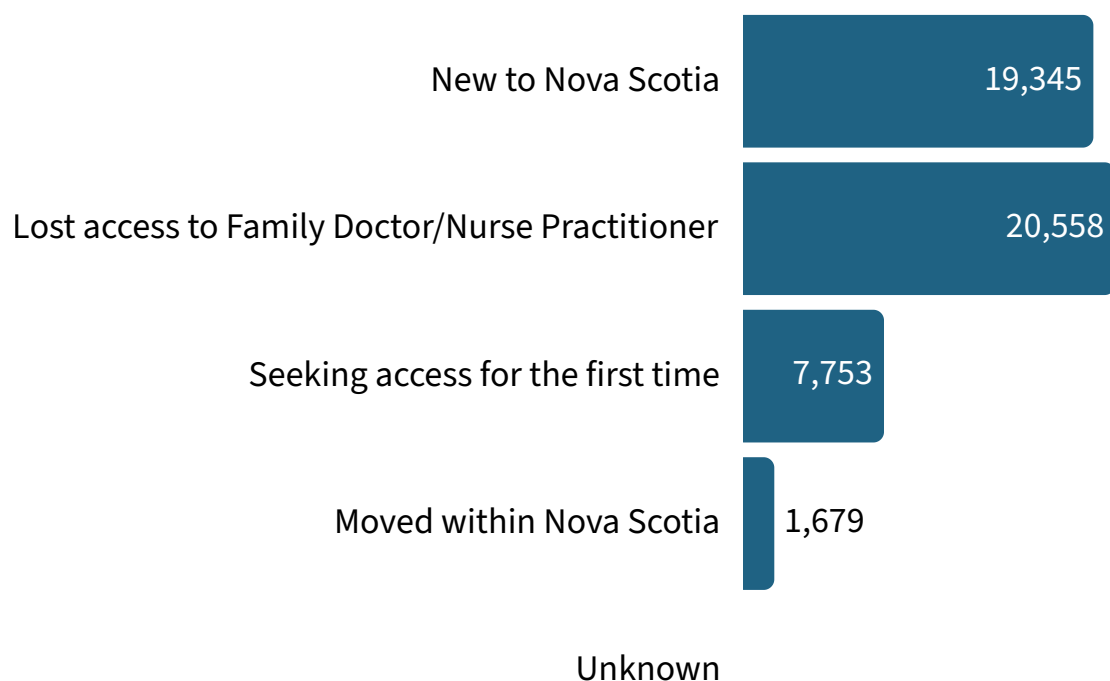
Zone/Network	Total # Active on the NFPR	Previous month	Difference vs Previous Month	% Difference vs Previous Month	Population (2025)	% Population (2025)
Central	5,401	6,751	-1,350	-20.0%	516,219	1.0%
Bedford / Sackville	19	13	6	46.2%	129,350	0.0%
Dartmouth / Southeastern	329	1,433	-1,104	-77.0%	134,462	0.2%
Eastern Shore Musquodoboit	532	510	22	4.3%	20,829	2.6%
Halifax Peninsula / Chebucto	3,952	4,271	-319	-7.5%	205,171	1.9%
West Hants	569	524	45	8.6%	26,407	2.2%
Eastern	14,455	14,796	-341	-2.3%	177,227	8.2%
Antigonish and Guysborough	2,226	2,251	-25	-1.1%	30,573	7.3%
Cape Breton County	10,117	10,840	-723	-6.7%	110,031	9.2%
Inverness / Victoria / Richmond	2,112	1,705	407	23.9%	36,623	5.8%
Northern	13,017	13,362	-345	-2.6%	176,525	7.4%
Colchester East Hants	4,416	4,606	-190	-4.1%	88,978	5.0%
Cumberland	899	1,103	-204	-18.5%	37,698	2.4%
Pictou County	7,702	7,653	49	0.6%	49,849	15.5%
Western	16,465	17,862	-1,397	-7.8%	223,274	7.4%
Annapolis and Kings	6,167	6,905	-738	-10.7%	90,185	6.8%
Queens and Lunenburg	4,879	5,354	-475	-8.9%	68,199	7.2%
Yarmouth / Shelburne / Digby	5,419	5,603	-184	-3.3%	64,890	8.4%

[1] As of March 2025, population stats updated to 2025 release from Statistics Canada.

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As of October, 2026

Total Active Breakdown



Monthly Activity

	New Registrants	2,595		Attached Registrants	11,180
	Returned Registrants	7,340		Resolved Registrants	3,400
	Total Registry Entries	9,935		Attached & Resolved	14,580

Disclaimer: This material is intended for general information only and is provided on an "as is", "where is" basis. Although reasonable efforts were made to confirm the accuracy of the information, Nova Scotia Health does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for particular purpose of such information.

NEED A FAMILY PRACTICE REGISTRY: GLOSSARY

Active Registrants:

Registrants who are being actively supported to be attached to a family doctor or nurse practitioner.

New Registrants:

Persons who have newly joined the Need a Family Practice Registry via the request for registration process.

Returned Registrants:

When a person returns to active in the registry and requires further support to be attached to a family doctor or nurse practitioner.

Total Registry Entries:

The sum of all newly active registrants. This number includes both new registrants and returned registrants.

Attached Registrants:

When a person has been attached to a family doctor or nurse practitioner.

Resolved Registrants:

When a person no longer requires support to be attached.

Attached & Resolved:

The sum of all attached and resolved registrants.