



Mobilizing Partnership Project

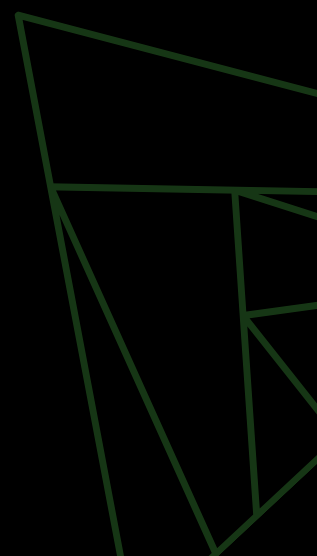


He who conceals his suffering cannot expect to be cured -African Proverb

2024 Black Men's Conference

Defining Black Men's Wellness

NSCC Akerley Campus
Saturday, March 9th, 2024



PROGRAM SCHEDULE

Registration & Breakfast	8:30 a.m. - 9:00 a.m.
Welcome MC- Mario Rolle, CSW Welcome by Camilla Watkins, PHC Health Services Manager Remarks by Twila Grosse, Minister of African Nova Scotian Affairs	9:00 a.m. - 9:30 a.m.
Keynote Speaker #1 Rev. Dr. Lennett J. Anderson	9:30 a.m. - 10:00 a.m.
Breakout Session #1	10:00 a.m. - 11:15 a.m.
Refreshment Break	11:15 a.m. - 11:30 a.m.
Breakout Session #2	11:30 a.m. - 12:30 p.m.
Lunch Drumming by: Drummers from Home	12:30 p.m. - 1:45 p.m.
Breakout Room #3	1:45 p.m. - 3:00 p.m.
Keynote Speaker #2 Russel Brooks	3:00 p.m. - 3:45 p.m.
Closing Remarks MC- Mario Rolle, CSW	3:45 p.m. - 4:00 p.m.

Meet Our Speakers



Rev. Dr. Lennett J. Anderson

Rev. Dr. Lennett J. Anderson, CD, was appointed to the faculty as Lecturer in Leadership and Racial Justice, on July 1, 2021. Dr. Anderson is Senior Pastor of Emmanuel Baptist Church in Upper Hammonds Plains, Nova Scotia, while helping to shape the next generation of Christian leaders.



Russel Brooks

Russel Brooks is a dedicated advocate and change-maker with a profound commitment to fostering equity and justice within racialized and marginalized communities. Russel has emerged as a passionate advocate for mental health and social justice, particularly within African Nova Scotian communities.

BREAKOUT SESSION FACILITATORS

- Dave Perkins**- Financial Wellness: Bridging the Wealth Gap: Black Men's Financial Wellness
- Korede Akinjodo**- Physical Wellness: Elevating Black Men's Physical Wellness
- Pastor Matthew Thomas**- Feeding Your Soul: Cultivating Spiritual Wellness and Fostering Community Healing
- Rocky Coward**- Wellness in the Workplace: Surviving and Thriving in the Workplace
- Dr. Milne and Mario Rolle**- Sexual Wellness - Beyond the Bedroom: Navigating Sexual Wellness for Black Men
- Corey Wright**- Reclaiming Wellness After Interacting with the Criminal Justice System