

## **JANUARY 2025**

**JAN 8-** Halifax  
**JAN 14-** Halifax  
**JAN 15-** Phone  
**JAN 21-** Halifax  
**JAN 22-** Upper Hammonds Plains  
**JAN 28-** Halifax  
**JAN 29-** Dartmouth

## **FEBRUARY 2025**

**FEB 4-** Halifax  
**FEB 5-** Halifax  
**FEB 11-** Halifax  
**FEB 12-** East/ North Preston  
**FEB 18-** Halifax  
**FEB 19-** Upper Hammonds Plains  
**FEB 25-** Halifax  
**FEB 26-** Dartmouth

## **MARCH 2025**

**MARCH 4-** Halifax  
**MARCH 5-** Halifax  
**MARCH 11-** Halifax  
**MARCH 12-** East/ North Preston  
**HALIFAX 18-** Halifax  
**MARCH 19-** Upper Hammonds Plains  
**MARCH 25-** Halifax  
**MARCH 26-** Dartmouth

## **APRIL 2025**

**APRIL 1-** Halifax  
**APRIL 2-** Halifax  
**APRIL 8-** Halifax  
**APRIL 9-** East/North Preston  
**APRIL 15-** Halifax  
**APRIL 16-** Upper Hammonds Plains  
**APRIL 22-** Halifax  
**APRIL 23-** Dartmouth  
**APRIL 29-** Halifax  
**APRIL 30-** Halifax



**PLEASE NOTE:** Additional phone appointments available every Wednesday mornings.



To make an appointment please call:  
**902-399-5473**



For general questions please email:  
**NSSisterhood@nshealth.ca**