



NURSE MENTORSHIP PROGRAM

PURPOSE

To foster a safe and supportive space where undergraduate student nurses, newly-licensed registered nurses and practical nurses, and internationally educated nurses can openly share challenges, celebrate successes, and reflect on their experiences alongside nurse mentors.

WHO ARE WE?

Our mentors are mostly retired nurses who bring a lifetime of professional experience to inspire, guide, and empower new nurses to grow into confident, collaborative members of the interprofessional team.

WHAT DO WE OFFER?

Mentoring sessions explore topics designed to stimulate meaningful discussion. Sessions may be tailored to the mentee's needs and interests or guided by topics selected by the mentor. The format is flexible to meet the individual needs of each nurse.

WHERE DO WE MEET?

Meetings are held virtually via Teams.

WHEN DO WE MEET?

Meetings are scheduled at mutually agreed upon times, usually every 3-4 weeks, and occur outside of clinical time.

Mentorship hours are paid as straight time. Discuss with your manager to determine eligibility for use towards practice premium points.

Practice premium points (cat. D)

- [NSGEU](#)
- [NSNU](#)

LET'S TALK!



INTERESTED?

Please complete this [survey](#) and one of our mentors will contact you.

