



Nurse Practitioner

A nurse practitioner is a registered nurse with two years of advanced university training. They provide expert care for people of all ages, from babies to seniors.

A nurse practitioner looks at your whole health, not just your illness. They get to know you personally and work with other healthcare workers to make sure you get the best care possible. Nurse practitioners can work in many places like clinics, hospitals, and nursing homes.

A nurse practitioner can be the main person who helps manage your healthcare over time. They make sure your care is organized and that you get the help you need. You see them for your regular health needs, and they help guide your care when you need other services.

The goal is for all Nova Scotians to be connected to a family doctor or nurse practitioner.

A nurse practitioner can:

- ✓ Order and review lab tests and diagnostic imaging
- ✓ Diagnose and treat health issues, including urgent issues and long-term conditions.
- ✓ Prescribe medications.
- ✓ Manage complex illnesses.
- ✓ Provide health screening and help you prevent, lower your risk of, or manage illness.
- ✓ Do physical exams and minor procedures.
- ✓ Refer you to specialists and help coordinate care.

