

Salon Talk: Depression



Join us for a wellness event that creates space for Black women and gender-diverse individuals to come together for self-care and meaningful conversation.

Participants will receive complimentary salon services while engaging in a facilitated discussion about depression and building supportive connections.



Thursday, August 20, 2026



6:00 p.m. – 8:30 p.m.



Beechville Baptist Church

1135 St Margarets Bay Rd, Beechville

To register: call [902-223-2146](tel:902-223-2146) or
email nssprograms@nshealth.ca



Facilitated by
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