

Mobile Primary Care Clinic with our Nurse Practitioner

This service is for patients aged 2+ who:

1. Do not have a family doctor or nurse practitioner.
2. Have a family doctor or nurse practitioner but are unable to get a same-day appointment.

Mobile Primary Care Clinics address non-urgent health issues and are not an emergency service. The types of health concerns that may be addressed at these clinics include

- Prescription refills or renewals (except for controlled substances which includes narcotics, benzodiazepines, and stimulants)
- Mild strains/sprains
- Mild headaches
- Eye irritations without visual changes
- Earaches
- Sore throat
- Minor skin concerns (rashes, minor sores, infected cuts)
- Mild asthma
- Minor respiratory issues
- Cough, flu, or cold symptoms
- Urinary tract infections
- Contraceptives (birth control)

We don't offer lab and diagnostic imaging requisitions. If your health condition is chronic, requires longer-term care or specialized care, you may be referred to a more appropriate healthcare provider or to your family physician or nurse practitioner.

When you arrive, please have:

- Nova Scotia health card (MSI card)
- A list of your medications / pharmacy name

To learn more about our team
and see our full schedule, visit
nshealth.ca/NZMHWI or scan
the QR code:



To learn more about Mobile Primary Care Clinics: www.NSHealth.ca/MobilePrimaryCareClinics



NZHWI@nshealth.ca



782-370-0424

