

Virtual Urgent Care

Northern Zone Mobile Health and Wellness Team

Nova Scotia Health will be offering **Virtual Urgent Care** with the Northern Zone Mobile Health and Wellness Team! This looks like:

- An in-person assessment with our family practice nurse
- A virtual consultation with a provider via a tablet, in a private area
- Help from our team with next steps following your appointment

What health concerns can be seen through a Virtual Urgent Care appointment?

- Prescription refills (except for controlled substances)
- Sinus congestion
- Coughs and sore throat
- Urinary tract infections
- Skin concerns; bites and stings
- Mild/moderate aches and pains
- Other conditions as assessed by your healthcare provider

**To learn more about Virtual Urgent Care,
visit www.nshealth.ca/virtual-urgent-care**



Appointments are available by drop-in.
To see our full clinic schedule and learn more about our team, scan the QR code with your phone camera.

