

2022

# Creatinine Clearance Collection

Pathology and  
Laboratory Medicine  
Halifax Area

Before starting, read the  
important note on the first  
page of this pamphlet.

## Instructions

- Your primary health care provider (family doctor or nurse practitioner) has given you a form to have this test done. This form is called a **requisition**.
- Start when you have **2 days in a row** that are routine (you plan to get up at the same time and have no special commitments).
- When you get up, urinate (pee) as usual. **Do not** collect this specimen.
- If you miss any urine (pee) over the 24-hour period, **you must start a new 24-hour collection**.
- Use only the collection bottle(s) given to you by your primary health care provider, local lab, or blood collection clinic.
- Keep the bottle **in the fridge** between collections and after the last collection.
- Bring the bottle to a blood collection clinic **within 4 hours** of finishing the 24-hour collection (visit the link on the back cover for sites).

### Important note

**Within 12 hours** of finishing your urine collection, you must have a blood specimen collected.

Your primary health care provider must give you a requisition for this.

Bring your requisition(s), your urine specimen(s), and your health card to a blood collection clinic.

DAY 1	<p>Write your <b>full name and date of birth, health card number, and the start time and date</b> on the bottle label and requisition.</p> <p>Write your <b>height (centimetres)</b> and <b>weight (kilograms)</b> on the requisition.</p> <p>When you get up, <b>urate (pee) as usual. Do not collect this specimen.</b> This is your start time.</p> <p>Collect ALL of your urine in the bottle that day and night.</p>
DAY 2	<p>Get up at the same time as on DAY 1.</p> <p>Collect your first morning urine and add it to the bottle.</p> <p>Write your <b>end time and date</b> on the bottle label and requisition.</p>

## If you need to do 2 back-to-back 24-hour urine collections:

DAY 1

Follow any special rules and instructions for each collection.  
Collect your **other** urine specimen on the first day instead of the creatinine clearance urine specimen. You will collect your creatinine clearance urine specimen on the second day.

DAY 2

After collecting your first morning urine in the first bottle, write **your full name and date of birth, health card number, and the start time and date (this is the same as the end time and date on the first bottle)** on the second bottle label and requisition.  
Write your **height (centimetres)** and **weight (kilograms)** on the requisition.  
Collect ALL of your urine in the second bottle that day and night.



DAY 3	<p>Get up at the same time as on DAY 2. Collect your first morning urine and add it to the second bottle.</p> <p>Write your <b>end time and date</b> on the bottle label and requisition.</p>
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Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **primary health care provider's full name and address**
- › **Start and end dates and times** for each urine collection
- › Your **height (centimetres) and weight (kilograms)**

## Reminder

Within 12 hours of finishing your urine collection, you must have a blood specimen collected. Your primary health care provider must give you a requisition for this. Bring your requisition(s), your urine specimen(s), and your health card to a blood collection clinic.

For blood collection clinic hours and addresses, visit:

- › [www.nshealth.ca/blood-collection](http://www.nshealth.ca/blood-collection)

To book a blood collection appointment:

- › Phone: 902-473-2074

**OR**

- › Phone (toll-free): 1-833-942-2298  
Monday to Friday, 7 a.m. to 6 p.m.  
(excluding holidays)
- › Visit: <https://booking.nshealth.ca>

**Looking for more health information?**

Find this pamphlet and all our patient resources here:

<https://library.nshealth.ca/PatientEducation>

Contact your local public library for books, videos, magazines, and other resources. For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community:

Call 211 or visit <http://ns.211.ca>

*Nova Scotia Health promotes a smoke-free, vape-free,  
and scent-free environment.*

*Please do not use perfumed products. Thank you!*

[www.nshealth.ca](http://www.nshealth.ca)

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QY85-1664 © September 2022 Nova Scotia Health Authority

The information in this pamphlet is to be updated every 3 years or as needed.