

# Patient Care Needs Assessment

## East Coast Forensic Hospital

### What is a Patient Care Needs Assessment (PCNA)?

- A PCNA helps us find out the health needs of all East Coast Forensic Hospital (ECFH) rehabilitation (rehab) patients.
- A PCNA considers many things that may affect your health and recovery, including:
  - › Physiology (how your body works)
  - › Behaviour (the way you act or respond in different situations)
  - › Psychology (why you act the way you do)
  - › Development (how you change over your lifetime)
  - › Social support (from your family, friends, or other people in your life) and how it affects you
- We will talk with you and your support person(s), and your health care team. We will also use information collected by the hospital about your health.

### Why are you doing a PCNA?

- Each person admitted to the ECFH has many different needs.
- A PCNA makes sure that the services you may need for your rehabilitation and recovery are available to you.

### How will a PCNA help?

- A PCNA will help us find:
  - › The best therapies, programs, and services to help you successfully transition back to the community
  - › What staff we need to meet your care needs
  - › What education and/or training staff need to give the best possible care

### How will I be involved?

**You, your support person(s), and staff will be invited to:**

- Share your views, experiences, and suggestions.
- Review and provide feedback on information as it is collected.