### Patient & Family Guide

# Urgent Eye Clinic (Red Eye Clinic)

Register using a self check-in kiosk in the main entrance of the Centennial or the Dickson Building, Victoria General site.

Next, go to the Eye Care Centre in the Centennial Building, 2A (see map at the end of this pamphlet).



## Urgent Eye Clinic (Red Eye Clinic)

- The Urgent Eye Clinic provides medical, surgical, and emergency eye care. It is also called the Red Eye Clinic.
- The Clinic is run by a team of staff and resident ophthalmologists (eye doctors), nurses, and orthoptists (eye health professionals who specialize in how your eyes move and your vision develops).
- You must be referred to the Clinic by a doctor, an eye care provider, or another health care provider. Your appointment time will be based on how serious the issue is.

### Where is the Urgent Eye Clinic?

Centennial Building, Unit 2A QEII Health Sciences Centre 1276 South Park Street Halifax, NS B3H 2Y9

> Phone: 902-473-3226

Please see the map at the end of this pamphlet for directions to the Urgent Eye Clinic from the Dickson Building entrance.

# If you arrive on a weekday (Monday to Friday) between 7:30 a.m. and 5 p.m.:

- You must register at a kiosk before going to the Clinic. Kiosks are located at the entrances of the Centennial and Dickson Buildings.
- Then go to the Clinic and check in with staff at the front desk.

# If you arrive on a weekend or holiday, or after hours (between 5 p.m. and 7:30 a.m.):

- Go to the Dickson Building entrance and ask security to page the ophthalmology resident on call to tell them you have arrived.
- > Then go to the Clinic waiting room.
  You do not need to check in at a kiosk.

#### What to expect

- Clinic staff will ask you about your eye health and medical history.
- The ophthalmologist will examine your eye(s).
- You will be given eye drops to dilate (make bigger) your pupils. This helps the doctor look at the back of your eyes. These drops can last between 4 to 24 hours. Your vision will be blurry during this time.
- You will need a responsible adult to take you home after your appointment.
   You cannot drive or take public transportation by yourself.
- After your exam, the health care team will explain:
  - > what type of care you need.
  - > what will happen next.

We understand that vision problems can be upsetting, and we are here to help. The Urgent Eye Clinic is an emergency service, so we cannot predict how long you will have to wait. We appreciate your patience.

Appointments
☐ Your appointment at the Urgent Eye Clinic is on:
> Date:
> Time:
☐ The ophthalmology booking office will call you within the next 24 to 48 hours

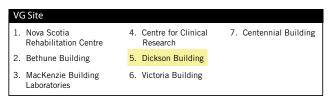
If your symptoms get worse (you have more pain or redness, less vision, or loss of vision) while you are waiting to be seen:

(1 to 2 days) with an appointment.

- 8 a.m. to 5 p.m., Monday to Friday:
  - Phone: 902-473-3226Ophthalmology Reception
- Outside above hours (or weekends or holidays):
  - Phone: 902-473-2222
     Ask for the ophthalmology resident on call.
- Go to the nearest Emergency Department right away.

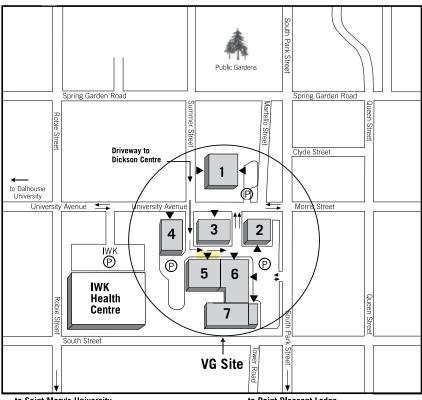


#### **QEII Health Sciences Centre Map** Victoria General Site



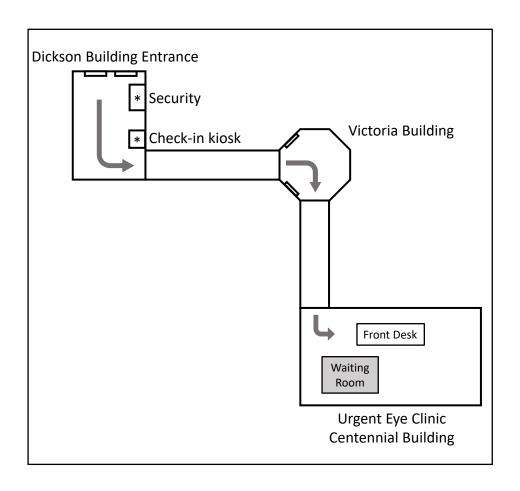
- Patient Parking
- ► Entrance Doors

Please do not wear scented product when you come to Capital Health



to Saint Mary's University

to Point Pleasant Lodge



- Enter the Dickson Building and walk past the security office and the check-in kiosk, then turn left.
- Walk down the hallway to the Victoria Building, then turn right.
- Once you enter the Urgent Eye Clinic, turn left and check in at the front desk.

Notes:			

#### Looking for more health information?

Find this pamphlet and all our patient resources here: https://library.nshealth.ca/PatientEducation
Contact your local public library for books, videos, magazines, and other resources.
For more information, go to http://library.novascotia.ca
Connect with a registered nurse in Nova Scotia any time: call 811 or visit https://811.novascotia.ca

Connect with a registered nurse in Nova Scotia any time: call 811 or visit https://811.novascotia.c Learn about other programs and services in your community: call 211 or visit http://ns.211.ca

Nova Scotia Health promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

www.nshealth.ca

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The information in this pamphlet is for informational and educational purposes only.

The information is not intended to be and does not constitute health care or medical advice.

If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.

