

Annapolis Community Health Centre

821 St. George Street
Annapolis Royal, NS B0S 1A0

› Phone: 902-532-2381

Eastern Kings Memorial Community Health Centre

23 Earnscliffe Avenue
Wolfville, NS B4P 1X4

› Phone: 902-542-2266

Soldiers Memorial Hospital

462 Main Street
Middleton, NS B0S 1P0

› Phone: 902-825-3411

Valley Regional Hospital

150 Exhibition Street
Kentville, NS B4N 5E3

› Phone: 902-678-7381

Western Kings Memorial Health Centre

121 Orchard Street
Berwick, NS B0P 1E0

› Phone: 902-538-3111

Social Workers are registered members of the Canadian Association of Social Workers and the Nova Scotia College of Social Workers.

Looking for more health information?

Find this pamphlet and all our patient resources here:

<https://library.nshealth.ca/PatientEducation>

Contact your local public library for books, videos, magazines, and other resources. For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time:

Call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community:

Call 211 or visit <http://ns.211.ca>

Nova Scotia Health promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

www.nshealth.ca

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The information in this pamphlet is to be updated every 3 years or as needed.

2021

Social Work

Kings County and Annapolis County

Compassion

Accountability

Respect

Excellence

Mission

- Social Workers help people and families cope with life changes and stress from trauma, illness, or disability.
- Our goal is to provide the highest standards of social work practice to patients, families, and communities.

Values

- Social Workers build on the strengths and resources of the people we work with.
- We are dedicated to preserving the values of human dignity, compassion, respect, and self-determination (your ability to make your own decisions about your life).
- Visit our webpage at www.nshealth.ca under 'Our Programs and Services'.

Social Workers can help with:

- **Adjustment or coping** with illness, injury, and disability
- **Death, grief, and loss**
- **Lifestyle changes**
- **Referral** to community agencies
- **Connecting families to resources** for private home care and/or private assisted-living facilities
- **Concerns** about hospitalization
- **Practical support and/or financial concerns** (like equipment needs, information about income support programs)
- **Personal concerns** (like relationship issues, caregiver stress, family conflict)

Social Workers are members of inter-professional health care teams in inpatient, outpatient, and community-based programs.

Social Workers:

Counsel

- We can help with coping, managing a crisis, adjustment, grief and loss, and finding resources for patients, couples, families, and/or groups.

Advocate

- We support patients and families to access needed services and resources.

Collaborate

- We work with your health care team and the community to give the best care and help with discharge planning.

Educate

- We teach patients, families, health care teams, and community agencies.