

Drop-off sites:

Drop-off sites are closed on holidays.

South Shore Regional Hospital

Main floor
90 Glen Allan Drive
Bridgewater NS B4V 2S6

- **Drop-off hours:**
 - › 7 a.m. to 2 p.m. (Mon-Fri)
 - › When you arrive, take a Q-matic ticket.
- **Closed:**
 - › 8:30 a.m. to 9 a.m.
 - › 11:30 a.m. to 12 p.m. (noon)

Fisherman's Memorial Hospital

1st floor registration
14 High Street
Lunenburg NS BOJ 2C0

- **Drop-off hours:**
 - › 7:30 a.m. to 2 p.m. (Mon-Thurs)
 - › 7:30 a.m. to 11 a.m. (Fri)
 - › When you arrive, take a Q-matic ticket.
- **Closed:**
 - › 9 a.m. to 9:30 a.m.
 - › 11 a.m. to 12 p.m. (noon)

Queen's General Hospital

1st floor
175 School Street
Liverpool NS B0T 1P0

- **Drop-off hours:**
 - › 9 a.m. to 11:30 a.m.
 - › 12 p.m. (noon) to 2 p.m. (Mon-Fri)
 - › When you arrive, take a Q-matic ticket.
- **Closed:** 11:30 a.m. to 12 p.m. (noon)

North Queen's Health Centre

9698 Highway 8
Caledonia NS B0T 1B0

- **Drop-off hours:**
 - › 7:30 a.m. to 10:45 a.m.
(every second Wed)

Our Health Centre

3769 Highway 3
Chester NS B0J 1J0

- **Drop-off hours:**
 - › 7:30 a.m. to 10:45 a.m. (Thurs)

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Prepared by: Pathology and Laboratory Medicine,
South Shore Regional Hospital

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2025

Stool Collection for Culture and Sensitivity

South Shore Regional Hospital

Your collection sample will not be tested if:

- › it is not labelled correctly.
- › your requisition is not filled out.

Instructions

- Your primary health care provider (family doctor or nurse practitioner) has given you a form for this test. This form is called your **requisition**.
- Use **only** the collection bottle given to you by your primary health care provider, local lab, or blood collection clinic. It should have a green top and pink liquid inside. **Do not pour out any of the liquid.**
- If you have to collect stool (poop) for ova and parasites (bottle with yellow top and clear liquid inside), **do it at the same time as this collection.**

Important

5 days before collecting your stool, **do not** use, eat, or drink:

- › Mineral oils
 - › Bismuth (Pepto-Bismol®)
 - › Barium
 - › Kaolin
 - › Attapulgit (Kaopectate®)
 - › Laxatives
- Use a pen that will not smudge to print on the collection bottle. **If lab staff cannot read what you wrote on the bottle label, your collection will not be tested.**

1. Print your **full name and date of birth**, **health card number**, and the **collection date and time** on the collection bottle **and** requisition.
2. Collect your stool in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**
3. Use the scoop inside the lid of the specimen bottle to add stool until it reaches the fill line.
4. Screw the lid on tight. Mix the stool with the liquid in the collection bottle.
5. Keep the filled collection bottle in the fridge until you can bring it to the lab. **Leaking samples will not be tested.**
6. Bring the filled collection bottle and requisition to an approved drop-off site **no more than 24 hours after you finish the collection** (see back cover for sites).



If you have been asked to collect a sample and you are having trouble, call your primary health care provider.

Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **primary health care provider's full name and address**
- › The names of **all antibiotics you are taking**
- › The names of **all countries outside of North America that you have visited (or emigrated from) in the past 12 months**
- › **Date and time of stool collection**

Please see back cover for drop-off site locations and hours.