

Each **requisition** must have:

- › Your **full name and date of birth**
- › Your **health card number**
- › Your **doctor's full name and address**
- › **The names of all antibiotics you are taking**
- › **The names of all countries outside of North America that you have visited (or emigrated from) in the past 12 months**
- › **Date and time of stool collection**

**Take the sample to one of the following Nova Scotia Health Authority Laboratory Services locations:**

**South Shore Regional Hospital**  
Main Floor  
90 Glen Allan Drive  
Bridgewater NS B4V 2S6  
Phone: 902-527-5261  
Hours: Monday-Friday, 7-11 a.m.  
Registration: Monday-Friday, 6:45-10:45 a.m.

**Fisherman's Memorial Hospital**  
2nd Floor  
14 High Street  
Lunenburg NS BOJ 2C0  
Phone: 902-634-8801  
Hours (including Registration):  
Monday-Friday, 7:30-11:30 a.m.

**Queen's General Hospital**  
1st Floor  
175 School Street  
Liverpool NS BOJ 1K0  
Phone: 902-354-3436  
Hours (including Registration):  
Monday-Friday, 7:30-11:30 a.m.

**North Queen's Health Centre**  
9698 Highway 8  
Caledonia NS B0T 1B0  
Phone: 902-682-2533  
Hours (including Registration):  
Wednesdays, 7:30-10:45 a.m.

**Our Health Centre**  
3769 Hwy 3  
Chester NS B0J 1J0  
Phone: 902-275-2830  
Hours (including Registration):  
Tuesdays and Thursdays,  
7:30-10:45 a.m.

*Prepared by: Pathology & Laboratory Medicine,  
South Shore Regional Hospital  
Designed by: NSHA Library Services*

QY85-1984 © May 2019 Nova Scotia Health Authority  
The information in this pamphlet is to be updated every 3 years or as needed.

2019

# Stool Collection for Clostridium difficile (*C. diff*)

**South Shore  
Regional Hospital**

Samples that are not labelled correctly or do not have a complete requisition form will not be tested.

# Stool Collection for *C. diff*

## Instructions

- You must follow the special rules in the next section.
- Your doctor has given you a form for this test. This form is called your **requisition**.
- Use only the specimen bottle given to you by your doctor, local lab, or blood collection clinic. It should have a pink top.
- If you have to collect stool (poop) for culture and sensitivity (bottle with green top and pink liquid inside), **do it at the same time as this collection.**
- If you have to collect more than one pink-top bottle, collect each on a different day.
- Use only a ballpoint pen when writing on the specimen bottle.
- Keep the specimen in the fridge until you can bring it to the lab.

## Special rules

- There are rules you must follow for 5 days before you collect stool for *C. diff*.
- For 5 days before collecting your stool, avoid:
  - › Mineral oils
  - › Bismuth (Pepto-Bismol®)
  - › Barium
  - › Kaolin
  - › Attapulgite (Kaopectate®)
  - › Laxatives

1. Write your **full name, your health card number, and the date and time of collection** on both the requisition **and** the specimen bottle.

2. Collect your stool (poop) in a clean, dry container. **Do not let your stool touch any urine (pee) or the toilet water.**

3. Put some of your stool into the pink-top bottle. **Do not fill the bottle more than halfway.**

4. Screw the lid on tight and put the bottle in the fridge until you can take it to the lab.

5. Bring each filled specimen bottle and requisition to an approved drop-off site **no more than 24 hours after you finish the collection** (see back cover for sites).