

Other Supports on 7A

Social Worker

The palliative care social worker offers practical support and resource navigation.

- › Phone: 902-473-3175

Music Therapy

The palliative care music therapist uses music to improve and keep up your mental, physical, emotional, and spiritual health.

- › Phone: 902-473-8625

Spiritual Care

Spiritual care providers offer emotional and spiritual support for many different religions and beliefs. Tell a member of your health care team if you would like a visit from a spiritual care provider.

Bereavement Program

Bereavement services support patients, their families, and their friends with the grief journey.

Services include:

- › Grief counselling
- › Support groups
- › Memorial services
- › Grief education and resources

Bereavement Coordinator

- › Phone: 902-473-1622
- › www.nshealth.ca/bereavement

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.

2023

Palliative Care Volunteer Services

Centennial Building, QE II



Palliative Care Volunteers

Volunteers are on Unit 7A every day at the following times:

- › 10 a.m. to 2 p.m.
- › 6 to 8 p.m.

They offer companionship and help as needed.

- › For example, you can ask them to read to you, get you a cup of tea, or get you an extra blanket.

Therapy Dog Volunteers

Therapy dogs visit the unit at different times during the week. The visit times may change. Tell a member of your health care team if you would like a therapy dog to visit you.

Palliative Care Photography Volunteer

You can have a skilled photography volunteer take photos of you with your loved ones or support persons on the hospital grounds. Tell a member of your health care team if you are interested in this service.

Palliative Care Legacy Volunteer

You can have a personal story documented as a keepsake, or to share with your loved ones. Tell a member of your health care team if you are interested in this service.

Palliative Care Hairstylist

You can have a skilled hairstylist cut and/or style your hair. Tell a member of your health care team if you are interested in this service.

Palliative Care Grief Resource Volunteers

These volunteers call people who are grieving to provide information about resources and support available through Palliative Care.

Cookie Time

Volunteers make cookies in the 7A kitchen during the week to deliver to patients and their support persons.

Breakfast Club

Volunteers make homemade waffles in the 7A kitchen 2 times a month. If you are interested, ask a member of your health care team for more information.