

What are your questions?
Please ask a member of your
health care team.
We are here to help you.

Spiritual Care

Colchester East Hants Health Centre
625 Abenaki Road
Truro, NS B2N 0G6
Phone: 902-896-2612

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

Find all patient education resources here:
www.nshealth.ca/patient-education-resources

Connect with a registered nurse in Nova Scotia
any time:

Call 811 or visit: <https://811.novascotia.ca>

*Prepared by: Spiritual Care, CEHHC
Designed and Managed by: Library Services*

WX85-1697 © June 2026
Nova Scotia Health Authority
To be reviewed June 2029 or sooner, if needed.
Learn more: <https://library.nshealth.ca/patient-education-resources>

Spiritual Care

Colchester East Hants Health Centre (CEHHC)

All people have the right to holistic (whole person) care. This includes caring for your body, mind, and spirit.

We support all faiths.

- We provide spiritual care for patients and their loved ones.
- To request a visit:
 - › Ask a member of your health care team
 - or**
 - › Phone: 902-896-2612
- Spiritual care is for people of all spiritual beliefs, and for people without a faith community.
- We are happy to contact local clergy and leaders from all faith groups to help you. If you are not religious or spiritual, a spiritual care provider can still support you.
- All spiritual care services provided by CEHHC:
 - › Are open to people from all faiths
 - › Treat all faiths equally
 - › Respect all beliefs, lifestyles, and backgrounds, in particular age, gender, ethnicity, sexual orientation, disability, and religion and/or belief

- › Include spiritual and religious care of all kinds
- › Respect your confidentiality by keeping all of your personal health information private

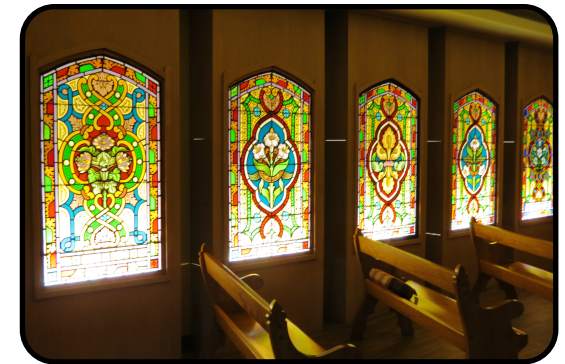
Spiritual care can help when you:

- › Are having problems
- › Are experiencing grief or loss
- › Are feeling lonely, sad, or misunderstood
- › Need emotional and/or spiritual support
- › Are away from home
- › Have been in the hospital for a long time
- › Would like a visit before your surgery
- › Have religious needs
- › Would like to receive sacraments
- › Would like a ritual for healing and health

Prayer Room

- The Prayer Room is on **level 2, C wing, room 2490**.
- It is available 24 hours a day as a place of quiet, prayer, and meditation.
- It is open to people of all faiths, cultures, and traditions.

All faiths are welcome.



- You are welcome to donate religious symbols to the Prayer Room.