

What are your questions?  
Please ask a member of your  
health care team.  
We are here to help you.

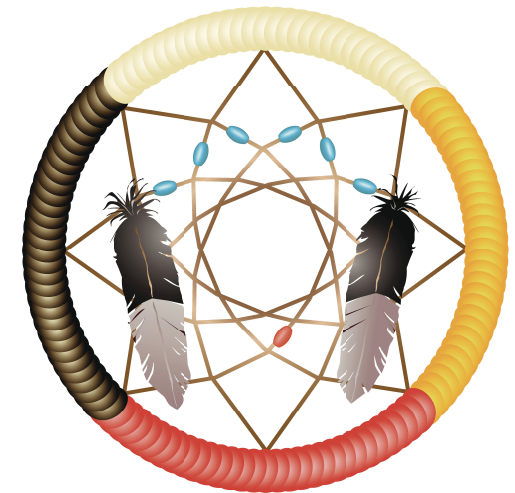
# Mi'kmaw Indigenous Patient Navigator (MIPN)

## Western Zone

This pamphlet is for educational purposes only. It is not intended to replace the advice or professional judgment of a health care provider. The information may not apply to all situations. If you have any questions, please ask your health care provider.

*Prepared by: MIPN  
Designed and Managed by: Library Services*

WX85-2528 © September 2025 Nova Scotia Health  
Authority  
To be reviewed September 2028 or sooner, if needed.  
Learn more: <https://library.nshealth.ca/patient-education-resources>



The Mi'kmaw Indigenous Patient Navigator (MIPN) is a service for all Indigenous people receiving care or services at Nova Scotia Health, and their support people.

**We can help you:**

- Talk with your health care providers
- Make sure your health care providers are meeting your cultural and spiritual needs
- Make sure you receive culturally safe care
- Coordinate your care with Mi'kmaq Indigenous health systems in Nova Scotia, and other community partners

We are also available to help Nova Scotia Health clinical staff give time-sensitive, culturally safe care.

**Contact**

- Email: [wzmipn@nshealth.ca](mailto:wzmipn@nshealth.ca)
- Call or text:
  - › 902-599-7737
- <https://library.nshealth.ca/mipn>

Scan the QR code below on your device (open the camera on your device, point the camera at the code, and tap the banner or border that appears)

