

# HOME CARE COVID-19 FACT SHEET

Coronaviruses are a family of viruses; some cause respiratory illness in people, ranging from mild (common cold) to severe (pneumonia). COVID-19 is a novel coronavirus that had not been previously detected in humans and is the cause of the current respiratory outbreak. At this time, COVID-19 does not appear to be as severe as other coronaviruses, such as SARS. Many patients have reported only mild symptoms but there is evidence of person-to-person spread.

People with confirmed COVID-19 have mild to severe respiratory illness with symptoms of fever, cough, shortness of breath and/or pneumonia. Older adults and people with compromised health appear to be at the highest risk.

## It is important that you stay informed during the pandemic.

There are several trustworthy sources of information that you can access online or by phone.

- All up-to-date information around COVID-19 cases and resources please visit: <http://www.novascotia.ca/coronavirus>
- You may also visit the federal information page at: <https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19.html>
- For general information, you can call the federal government's COVID-19 Hotline at 1-833-784-4397
- For information about when to call 811, please visit: <https://when-to-call-about-covid19.novascotia.ca/en>

We are working hard to ensure health care workers are taking all appropriate measures to protect you from the spread of the virus while providing the care you need.

All NSHA contracted home care agencies are following Infection Prevention & Control Guidelines for COVID-19 and complying with all government measures to contain the spread of the virus.