

Getting Ready for Eye Surgery

Eye Care Centre

Please bring this guide to the hospital with you on the day of your surgery.

Getting Ready for Eye Surgery

You may need to visit our Pre-Admission Clinic on the 10th floor of the Victoria building, Victoria General (VG) site before your surgery. **If this is needed**, your doctor's office will call you.

Surgery date: _____

Where do I go?

Eye Surgery, 2nd floor, Centennial building, VG site

When should I arrive? _____

This allows time for registration. The Pre-op nurse will talk to you to complete your admission paperwork. To meet our patient safety standards, the nurse will ask you several questions that you may have already answered.

Surgery time: _____

Anesthetic type: _____

Postponing surgery

Call Dr. _____

at _____ if you must cancel your surgery.

If you are not able to contact your surgeon, please call Eye Surgery at **902-473-3730**.

Please give us as much notice as possible if you must postpone your surgery.

Getting ready

- If your home is not within easy travelling distance of the hospital, you may need to stay in the city overnight before and after your surgery. Please let us know if you need a place to stay. If you need accommodations, your doctor's office will help you make arrangements.
- A responsible adult must go with you to your appointment and **stay at the hospital** to be ready to take you home after surgery. **Your surgery may be cancelled if you do not have someone with you to drive you home.**

- **You must have a responsible adult who can look after you for the first 24 hours after surgery. Your surgery may be cancelled if you do not have someone that can stay with you after surgery.**
- You will be given a prescription for eye drops either before surgery or immediately after. If you need help putting in the drops, please tell your surgeon's office **before your scheduled surgery date.**
- If you need VON, this must be arranged by your surgeon's office before your surgery.
- You will need someone to drive you to your followup visit with your eye surgeon later the same day or the day after surgery.

Day before surgery

- Call 902-473-3730 between noon and 2 p.m. to confirm the time of your surgery. If your surgery is on Monday, call to confirm on Friday.

All patients who are having eye surgery:

- Do not eat 8 hours before surgery, unless told otherwise.
- You may drink clear liquids (e.g., water, apple juice) up to 3 hours before your surgery, unless told otherwise.
- Take your usual medications (except medications for diabetes) with a sip of water, unless told otherwise.
- If you have diabetes, your eye surgeon's office will tell you what you may eat and drink and which medications to take.
- Call your eye surgeon's office if you are not sure which medications to take.

Morning of surgery

Hygiene

- Nova Scotia Health Authority is scent-free. Please **DO NOT** use any perfumed or scented products.
- **Do not wear any face or eye makeup.**
- Wash your face very well.

Valuables

- **Leave all valuables (such as jewelry, money, credit cards, cheque books) at home. The hospital is not responsible for the loss of any item.**
- You may keep your wedding ring on if you wish. You should wear your hearing aid(s).
- Come prepared to pay for your lens on the day of your surgery.

What should I bring to the hospital?

- **ALL** prescription medicines in their original containers
- Over-the-counter medicines and herbal preparations
- Provincial Health Card
- Private insurance card, if you have one

**What are your questions? Please ask.
We are here to help you.**

**In Nova Scotia you can call 811 to talk
with a registered nurse about your
health care questions 24/7.**

Anesthetic

If you are having a local anesthetic:

- You will be awake during surgery.
- Your eye will be frozen so you will be comfortable during surgery.
- Before you go to the Operating Room (OR), a needle with a cap may be placed in a vein in your arm. Medication may be given through the needle.

If you are having a general anesthetic:

- You will be asleep during your surgery and will wake up in the recovery area.

What are your questions? Please ask.

We are here to help you.

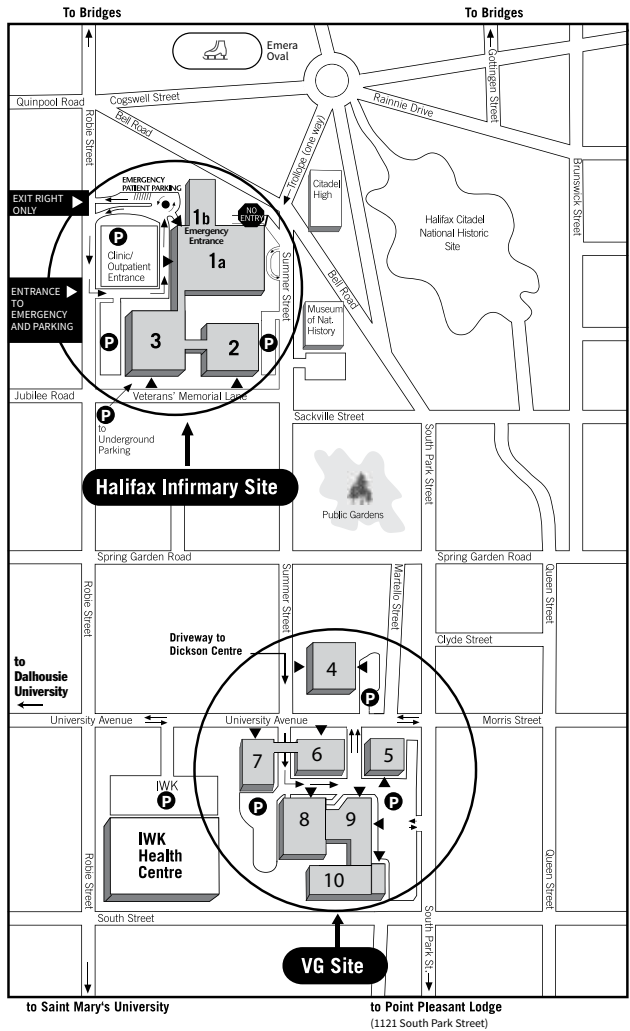
QEII Health Sciences Centre

is made up of 10 buildings located on two sites

- | Halifax Infirmary Site | |
|------------------------|---------------------------------------|
| 1a. | Halifax Infirmary |
| 1b. | Emergency Dept. |
| 2. | Abbie J. Lane Memorial Building |
| 3. | Camp Hill Veterans' Memorial Building |
| VG Site | |
| 4. | Nova Scotia Rehabilitation Centre |
| 5. | Bethune Building |
| 6. | Mackenzie Building Laboratories |
| 7. | Centre for Clinical Research |
| 8. | Dickson Building |
| 9. | Victoria Building |
| 10. | Centennial Building |

- P** Patient Parking
- ▶** Entrance Doors

Please do not wear scented products when you come to the QEII.



Looking for more health information?

Find this pamphlet and all our patient resources here: <http://library.nshealth.ca/PatientGuides>

Contact your local public library for books, videos, magazines, and other resources.

For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time: call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community: call 211 or visit <http://ns.211.ca>

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

www.nshealth.ca

Prepared by: Eye Care Centre

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The information in this brochure is for informational and educational purposes only.

The information is not intended to be and does not constitute health care or medical advice.

If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.