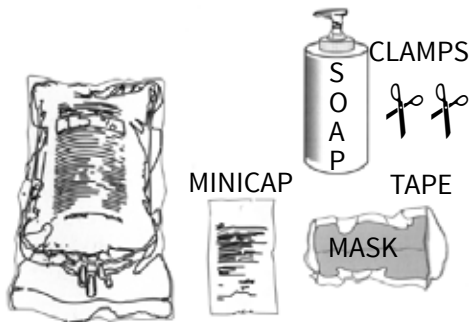


How to do a Twin Bag™ Exchange

Important things to remember:

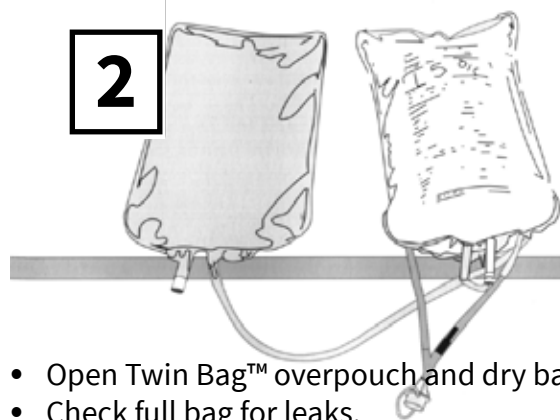
- Masks
- Handwashing
- Checking your supplies
- Connection points
- Checking the drained fluid
- Completing your exchange in a clean area with no clutter or drafts

1



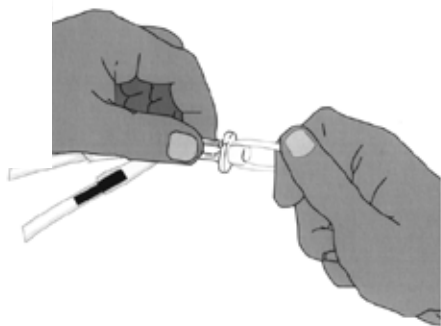
- Mask and wash hands.
- Gather supplies on a clean surface.
- Check Twin Bag™ for: solution strength, bag size, expiry date, and calcium.
- Check MiniCap expiry date.

2



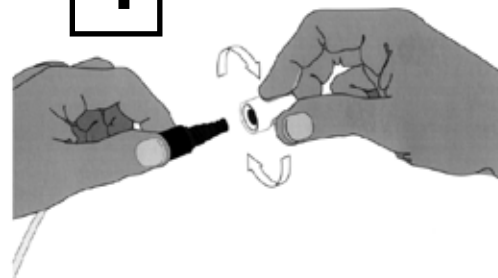
- Open Twin Bag™ overpouch and dry bag.
- Check full bag for leaks.
- Check medication ports.
- Check empty bag.
- Check pull ring, green seal, and Y area.

3



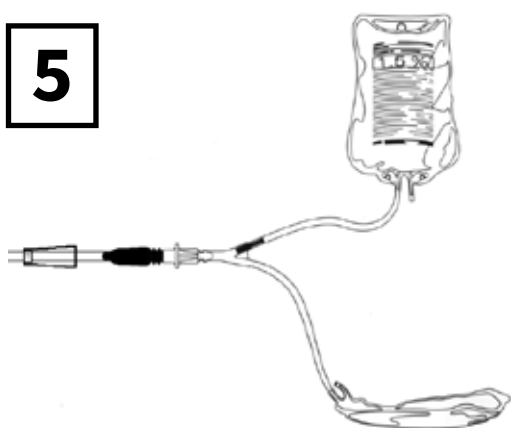
- Tape tubing to the table at the Y.
- Expose transfer set and check that clamp is closed.
- Mask and wash hands with gel.
- Remove the pull ring.

4



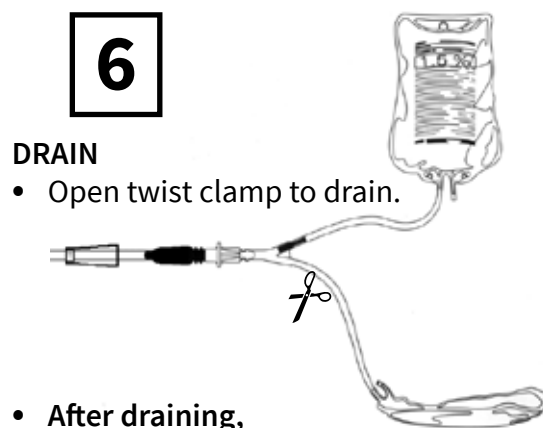
- Remove MiniCap from transfer set.
- Attach Twin Bag™ connector to transfer set right away.

5



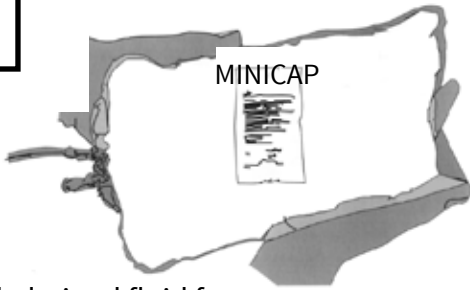
- Hang fill bag and place drain bag down on the pole.

6



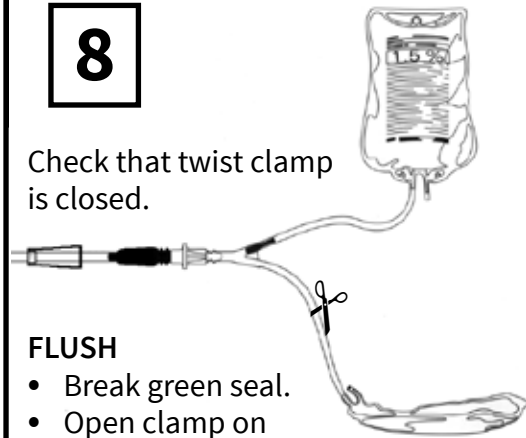
- Open twist clamp to drain.
- After draining, close twist clamp on transfer set.
- Place clamp on drain line.
- Place drain bag on the table to check it.

7



- Check drained fluid for:
 - Clearness: If cloudy, call your Home Dialysis Unit.
 - Fibrin: If fibrin, add heparin as instructed.
 - Blood: If you also have pain, call your Home Dialysis Unit.

8

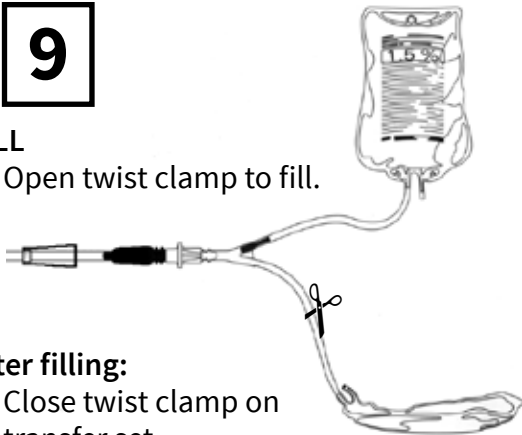


Check that twist clamp is closed.

FLUSH

- Break green seal.
- Open clamp on drain line for 3 seconds.
- Close clamp on drain line.

9



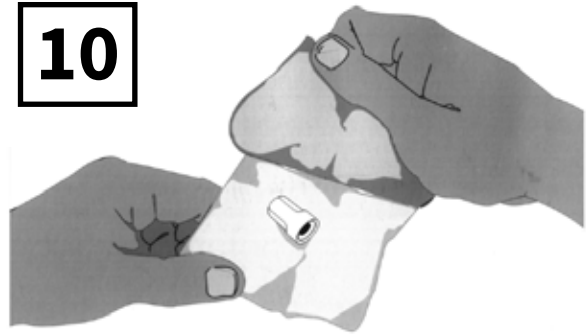
FILL

- Open twist clamp to fill.

After filling:

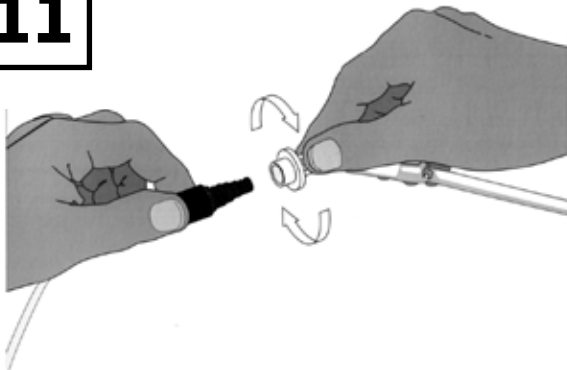
- Close twist clamp on transfer set.
- Place clamp on fill line.
- Check that all 3 clamps are closed.

10



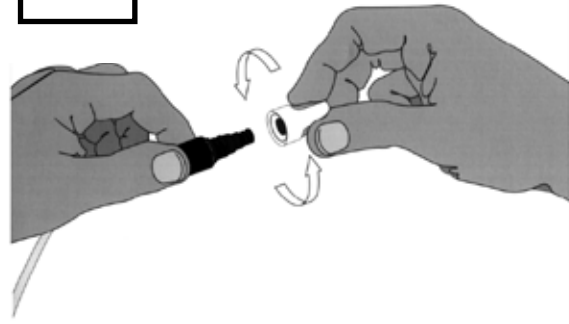
- Mask.
- Wash hands with gel.
- Open MiniCap package.

11



- Unscrew Twin Bag™ connector from transfer set. Keep the transfer set in your hand.

12



- Apply new MiniCap to transfer set right away.
- Weigh drain bag and record.

Drain problems - Twin Bag™

Problem/cause:	What to do:
1. Twist clamp	<ul style="list-style-type: none">• Check: is it open?• Check under clamp for pinched tubing.
2. Kink in tubing	<ul style="list-style-type: none">• Check around dressing.• Check along drain line.• Check tape on pole.
3. Fibrin	<ul style="list-style-type: none">• Wrap tubing tightly around pencil and release. (Repeat.)
4. Constipation (not able to poop)	<ul style="list-style-type: none">• Take laxatives as directed by your health care provider.
5. Body position	<ul style="list-style-type: none">• Bend back and forth.• Stand up or press on abdomen (stomach area).• Cough.• Make sure the drain bag is lower than your abdomen.
6. Air lock	<ul style="list-style-type: none">• Wrap tubing tightly around a pencil and release. (Repeat.)
7. Defective bag	<ul style="list-style-type: none">• Change to a new set.

Fill problems - Twin Bag™

Problem/cause:	What to do:
1. Twist clamp	<ul style="list-style-type: none"> • Check: is it open? • Check under clamp for pinched tubing.
2. Kink in tubing	<ul style="list-style-type: none"> • Check around dressing. • Check along tubing.
3. Green seal not broken	<ul style="list-style-type: none"> • Make sure green seal is broken. You should be able to see a space where you cracked the green seal.
4. Body position	<ul style="list-style-type: none"> • Bend back and forth. • Stand up or press on abdomen. • Cough.
5. Fibrin	<ul style="list-style-type: none"> • Wrap tubing tightly around a pencil and release. (Repeat.) • Inject heparin in fill bag. • Squeeze bag. • Raise pole.
6. Constipation	<ul style="list-style-type: none"> • Take laxatives as directed by your health care provider.
7. Defective bag	<ul style="list-style-type: none"> • Change to a new set.

Mechanical problems - Twin Bag™

Problem/cause:	What to do:
1. Transfer set contaminated with twist clamp closed	<ul style="list-style-type: none"> • Put MiniCap on for 5 minutes, then remove and put on another new MiniCap.
2. Did not close twist clamp on transfer set when disconnecting from Twin Bag™	<ul style="list-style-type: none"> • Close twist clamp on transfer set, put MiniCap on for 5 minutes, then remove and put on another MiniCap.
3. Hole in drain bag	<ul style="list-style-type: none"> • Close twist clamp on transfer set, then clamp drain line. Put MiniCap on transfer set. • Take out new Twin Bag™ system and continue with dialysis exchange.
4. Hole in fill bag	<ul style="list-style-type: none"> • Clamp twist clamp on transfer set. • Clamp fill line. • Put MiniCap on transfer set. • Call the Home Dialysis Unit RIGHT AWAY. This is a dialysis emergency. There is a nurse on call 24 hours a day, 7 days a week.
5. Your tubing separates from your catheter: <ul style="list-style-type: none"> › Connection points are not tight › There is pulling on catheter and tubing 	<ul style="list-style-type: none"> • Use emergency kit. Put catheter clamp on your catheter next to the exit site. • Put cap on end of your catheter. • Call the Home Dialysis Unit RIGHT AWAY. This is a dialysis emergency. There is a nurse on call 24 hours a day, 7 days a week.
6. Needle goes through port of new bag	<ul style="list-style-type: none"> • Change to new Twin Bag™ set and new syringe and needle. • Draw up new medication.
7. New fluid goes in drained bag	<ul style="list-style-type: none"> • Do another bag exchange.
8. Contaminated Twin Bag™ connector	<ul style="list-style-type: none"> • Throw away the set. • Check and prepare a new set.

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For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time: call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community: call 211 or visit <http://ns.211.ca>

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