

PEG Button (Percutaneous Endoscopic Gastrostomy Button)

PEG Button

Your doctor may have recommended changing your PEG feeding tube to a PEG button.

What is a PEG button?

- A PEG button is a feeding tube on your skin that takes the place of your PEG tube. You may find this preferable to a regular PEG tube because it can't be seen under most clothing.
- A PEG feeding tube can usually be changed to a button after 6 weeks, once the tube opening is well-healed.
- The button is held in place at each end by a bumper: one bumper (or balloon) at the end of the tube inside your stomach and one bumper at the end of the tube on your skin.

How do I use the button?

- The button comes with special tubes or adapters to connect it to the feeding set. Your nurse will show you how to use and clean these.
- You can buy extra adapters at the Shoppers Simply Pharmacy™ at the VG site. You will need to know the button type and size.
- Feeding is done the same way as with your PEG tube.

How do I care for the button?

- Clean the skin around the button the same way you cleaned the skin around your PEG tube.
- Do not put a dressing under the bumper. This could cause skin breakdown.
- Gently rotate (turn) the button once every day to prevent irritation and skin breakdown under the bumper.

Will the button need to be changed?

- Your GI specialist will tell you how often your button should be changed.



PEG button

Information about my PEG button

Type of button: _____

Size: _____

Date inserted: _____

Inserted by: _____

**What are your questions?
Please ask. We are here to help you.**

Looking for more health information?

Find this pamphlet and all our patient resources here: <http://library.nshealth.ca/PatientGuides>

Contact your local public library for books, videos, magazines, and other resources.

For more information, go to <http://library.novascotia.ca>

Connect with a registered nurse in Nova Scotia any time: call 811 or visit <https://811.novascotia.ca>

Learn about other programs and services in your community: call 211 or visit <http://ns.211.ca>

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Nova Scotia Health Authority

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If you have any questions, please ask your health care provider.

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The information in this pamphlet is to be updated every 3 years or as needed.