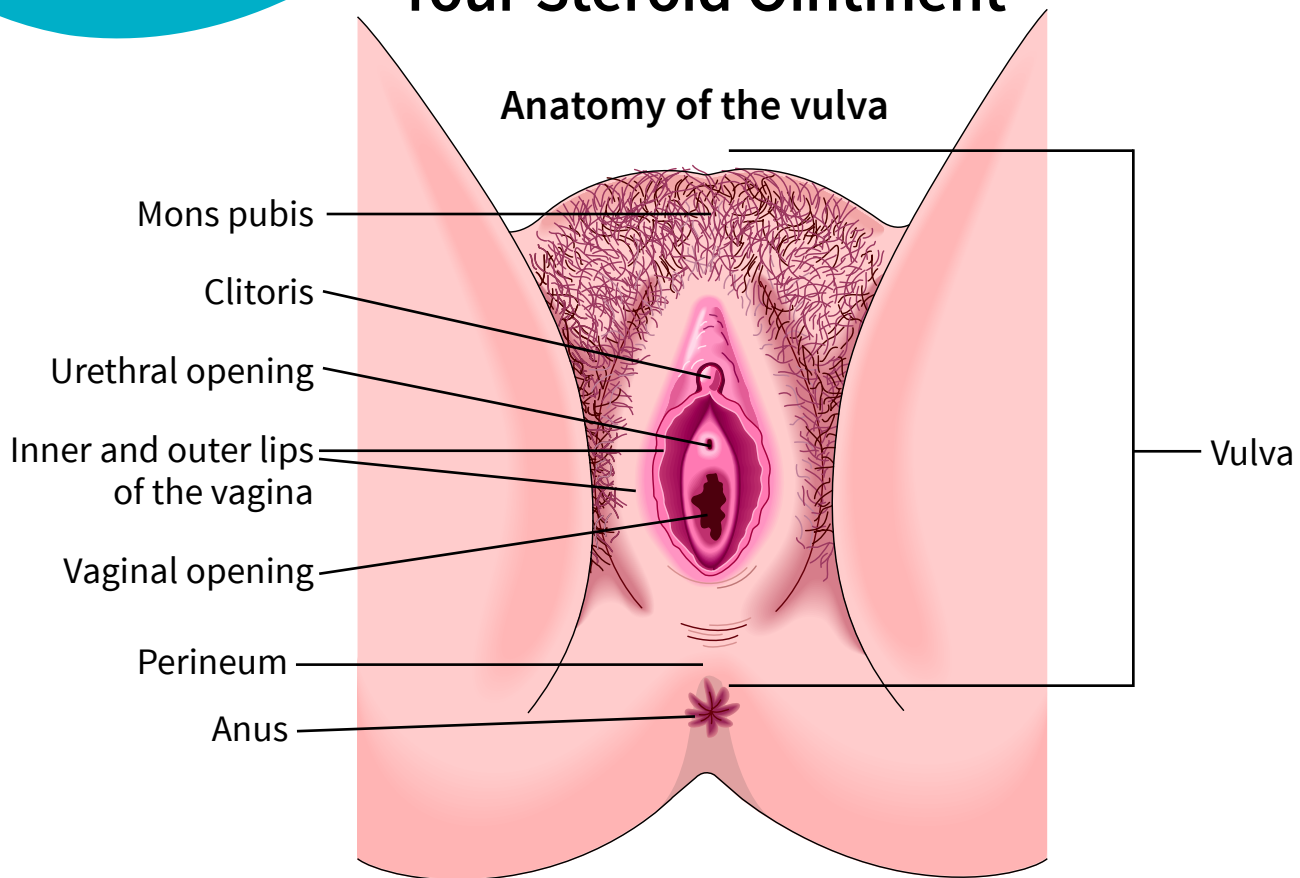


How to Apply Your Steroid Ointment



You have been prescribed a **steroid ointment** called _____ to lower inflammation (redness, swelling, etc.) caused by a skin condition on your vulva called:

- | | |
|---|--|
| <input type="checkbox"/> Lichen Sclerosus | <input type="checkbox"/> Psoriasis |
| <input type="checkbox"/> Lichen Simplex Chronicus | <input type="checkbox"/> Zoon's Vulvitis |
| <input type="checkbox"/> Lichen Planus | <input type="checkbox"/> Other: _____ |

This condition calls for treatment with a steroid ointment. This ointment is safe to apply to your vulva if it has been prescribed to you for this condition.

It is very important to put on this ointment **exactly as your doctor tells you**. (See highlighted area of diagram above.) Be careful where you are applying your ointment. Putting the ointment in the wrong area can irritate other skin areas or have other side effects.

Tips to remember:

1. Use only a small pea-sized or half pea-sized amount of the ointment.
2. Apply your ointment only to the affected area. Be careful to avoid healthy tissue.
3. Wash your hands just before applying your ointment, and again after you have finished putting on the ointment.