

# Going Home after Interventional Radiology Procedures with Radial Approach

- Do not do forceful movements with your hand or arm for **24 hours** (such as using your hand and arm to support your weight when getting up from a chair or bed). You can shower on the day after your procedure.
- Take off the transparent dressing 24 hours after it was put on and replace with a Band-Aid®.
- Expect mild tingling of the hand and tenderness at the puncture site for up to 3 days.
- If the mild tingling continues after 3 days or other symptoms develop, tell your family health care provider. Call your family health care provider right away if you start having severe pain.

For **2 days** after your procedure:

- › Do not operate a motor vehicle, tractor, lawnmower, motorcycle or all-terrain vehicle (ATV).
- › Do not lift anything heavier than 1 pound with your affected arm.
- › Avoid extra wrist movements like bending or flexing.
- › Do not take a tub bath or go in a swimming pool.

For **3 days** after your procedure:

- › Avoid lifting anything heavier than 5 pounds with your affected arm.

For **5 days** after your procedure:

- › Do not engage in vigorous exercise (e.g., tennis) using your affected arm.

If you have bleeding while in the hospital, apply firm pressure to the site and call your nurse.

If you have bleeding after you leave the hospital, sit down and apply firm pressure to the site with your fingers for **10 minutes**.

If the bleeding stops, continue to sit quietly, keeping your wrist straight for **2 hours**. Call your family health care provider as soon as possible.

If the **bleeding does not stop after 10 minutes**, or if there is a large amount of bleeding or spurting, **call 911** right away. **Do not drive yourself to the hospital.**