



Information for 2021
Health Care Providers

The Nova Scotia Green Sleeve



www.nshealth.ca

About the Green Sleeve

What is a Green Sleeve?

The Nova Scotia Green Sleeve is a place to keep important documents. These documents can help a patient communicate their health care plans, goals, and care wishes to their health care providers.

Who should have a Green Sleeve?

Anyone with a life-limiting illness should have a Green Sleeve.

What should be kept in the Green Sleeve?

Examples of documents that may be placed in the Green Sleeve include:

- Emergency Health Services' (EHS) Special Patient Program Care Plan
- Personal Directive
- Nova Scotia Health Expected Death at Home form
- Information about goals of care

Please ensure your patient brings their Green Sleeve home with them when they leave your office or the hospital. If they leave it behind, please contact them to arrange to have it returned.

What do patients do with the Green Sleeve?



At home, the patient should keep their Green Sleeve somewhere easy to find, like on top of the fridge. If they have a palliative care binder, they may keep in the front of the binder.

The patient should show their Green Sleeve to health care providers who provide care in their home, including paramedics if emergency help is needed.



The patient should bring their Green Sleeve with them to health care appointments and if they go to the Emergency Department. Any updates should be added to the Green Sleeve.

Health care providers should review and discuss the documents in the Green Sleeve with the patient and their family prior to diagnostic tests or other interventions.

To inquire about Green Sleeves for your patients, please email:
palliativecare@nshealth.ca

Resources

Advance Care Planning and Goals of Care:

- › <https://library.nshealth.ca/SeriousIllness>

EHS Special Patient Program:

- › <https://novascotia.ca/dhw/ehs/palliative-care.asp>

Personal Directives:

- › <https://novascotia.ca/just/pda>

Palliative Care:

- Identification and assessment
- Care planning (including for an expected death at home)
- Community and provider resources
- For more information, visit:
 - › <https://library.nshealth.ca/PalliativeCare>

*Nova Scotia Health promotes a smoke-free, vape-free, and scent-free environment.
Please do not use perfumed products. Thank you!*
www.nshealth.ca

*Prepared by: The Nova Scotia Health Palliative Care Network
Designed by: Nova Scotia Health Library Services*

WD85-1834 © August 2021 Nova Scotia Health Authority
The information in this pamphlet is to be updated every 3 years or as needed.