

# Non-Surgical (Percutaneous) Peritoneal Dialysis Catheter Insertion

Your peritoneal dialysis catheter insertion is scheduled for:

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

These instructions are about how to get ready for your procedure, and what to do on the day of your procedure. We want you to be properly prepared for your procedure. **If you do not follow all of these instructions, your procedure may be cancelled.**

## Before the day of your procedure

- Arrange for someone to drive you home from the hospital. You will not be able to drive for 24 hours after your procedure. You will not be able to take a bus or a taxi home alone. You must be accompanied by a responsible adult.
- The nurse will give you a blood work requisition form. You must take this form to get your blood work done before your scheduled procedure date. **Your procedure may be cancelled if this blood work is not done.**

Blood work due on: \_\_\_\_\_

## Medications

Stop \_\_\_\_\_ on \_\_\_\_\_

Stop \_\_\_\_\_ on \_\_\_\_\_

Stop \_\_\_\_\_ on \_\_\_\_\_

**It is very important that you drink all your liquid bowel preparation for your safety and for the procedure to work properly. You must complete the following bowel preparation:**

For 4 days before your procedure (starting on \_\_\_\_\_), take 2 Senokot® tablets in the morning and 2 Senokot® tablets at supper.

Starting on \_\_\_\_\_, take PegLyte®, 2 Tbsp in 1 cup of water, 8 times each day (for a total of 2 litres each day), or until your bowel movements are liquid.

**Day of your procedure:**

**Arrive at: \_\_\_\_\_ (time)**

**To register, go directly to:**

Victoria General Hospital  
Victoria Building  
1276 South Park Street  
Home Dialysis Unit  
6th Floor, 6 West, Room 230  
Phone (toll-free): 1-866-268-8646

**Remember:**

- Wear comfortable, loose-fitting clothing. Sweatpants are a good choice.
- **Do not wear a belt.**
- **DO NOT** take any medications unless told otherwise by your doctor.
- **DO NOT** eat or drink anything after: \_\_\_\_\_ (time).
- If you have diabetes, you may have clear fluids (like water or clear juice). If you take insulin, follow your doctor's instructions for taking it on the day of your procedure.
- Bring all of your medications with you in their original containers.

**If you have questions, call your nurse during working hours (7:30 a.m.-3:30 p.m.) at 902-473-7578.**

**After your procedure**

Starting on \_\_\_\_\_, take PegLyte®, 2 Tbsp in 1 cup of water, once each day. Aim for at least one bowel movement each day.