

Who supports this service?

Cancer Patient Navigation is a service of the Nova Scotia Health Cancer Care Program. The program works to make Cancer Patient Navigators and other cancer services available as close to home as safely possible.

For more information about the Nova Scotia Health Cancer Care Program or Cancer Patient Navigation, visit us on the web: www.nscancercare.ca

Do you have cancer?

Do you know someone
who has cancer?

A Cancer Patient Navigator May Help

A blue-tinted illustration of a complex maze. A person is standing on a path, holding a pair of scissors, appearing to cut through the maze. Another person is visible in a small opening further down the path. The overall theme is navigating a complex system.

Who are Cancer Patient Navigators?

Cancer Patient Navigators are oncology nurses who work with you and your family and your cancer care team throughout your treatment and follow up care.

Being diagnosed with cancer affects you physically and emotionally. You will have many questions. You may be worried about what your cancer care will include. You may wonder how you and your family will cope during your treatment. You may have financial concerns. A Cancer Patient Navigator can support you through all of this.

How can a Cancer Patient Navigator help?

Each cancer patient has different needs and will deal with cancer in different ways. The Cancer Patient Navigator helps you cope with your individual needs.

They can help you:

- ▶ understand your cancer diagnosis and treatment
- ▶ prepare to make decisions about your treatments
- ▶ connect with other health professionals in your community
- ▶ connect with support groups and other resources in your community
- ▶ coordinate your care
- ▶ enroll in assistance programs that you may qualify for, such as family pharmacare, disability benefits, and transportation programs

The Cancer Patient Navigator does not provide medical care. If you need the services of a doctor, call your family doctor or go to your closest emergency centre.

How to contact a Cancer Patient Navigator

Patients and families can contact the Cancer Patient Navigator toll-free.

1-866-524-1234

Your family doctor, cancer specialist, or anyone on your health team can also contact the Cancer Patient Navigator for you.

To find the information about the Cancer Patient Navigator closest to you, go to: **www.nscancercare.ca**

Your Cancer Patient Navigator is:

“It was the Patient Navigator who identified questions and things that needed more explaining. I learned then and there that she was the ‘go to person.’” — *Patient*