

## Donations

Donations help patients who can't afford needed items and services like equipment and transportation. This helps reduce stress on the patients and families we serve.

If you wish to contribute, please make your cheque payable to a foundation indicated below. Mail to the specific hospital where you received Social Work services.

### Please indicate that your donation is for Social Work.

Name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

\_\_\_\_\_

Postal code: \_\_\_\_\_

Phone: \_\_\_\_\_

- **QEII Health Sciences Centre Foundation – Good Samaritan Fund:** 902-334-1546 – 5657 Park Lane Mall, Suite 3005, Halifax, NS B3J 3R4
- **Dartmouth General Foundation:** 902-465-8560 – 325 Pleasant St., Dartmouth, NS B2Y 4G8
- **Hants Community Hospital Foundation:** 902-792-2007 – 89 Payzant Dr., Windsor, NS B0N 2T0
- **Twin Oaks/Birches Health Care Charitable Foundation:** 902-889-3395 – PO Box 186, Musquodoboit Harbour, NS B0J 2L0

*A receipt for tax purposes will be provided.*

## QEII Health Sciences Centre

- *Halifax Infirmary*  
902-473-3463  
Mon–Fri 8 a.m. - 4 p.m.  
Emergency Department:  
9 a.m.–9 p.m. every day
- *NS Rehabilitation Centre*  
902-473-1367
- *Veterans' Memorial Building (senior health only)*  
902-473-2491
- *Victoria General*  
(902) 473-5180  
Mon–Fri, 8 a.m.–4 p.m.

## Dartmouth General Hospital (inpatients)

902-465-8530  
Mon–Fri, 8 a.m.–4 p.m.

## Hants Community Hospital

902-792-2082  
Mon–Fri, 8 a.m.–4 p.m.

## Tri-facilities

- *Twin Oaks Memorial Hospital*  
902-889-4103  
Mon, Thurs, Fri, 8 a.m.–4 p.m.
- *Musquodoboit Valley Memorial Hospital*  
902-384-4107  
Tues, 8 a.m.–4 p.m.
- *Eastern Shore Memorial Hospital*  
902-885-3627  
Wed, 8 a.m.–4 p.m.

Nova Scotia Health Authority promotes a smoke-free, vape-free, and scent-free environment.

Please do not use perfumed products. Thank you!

*Prepared by: Social Work*

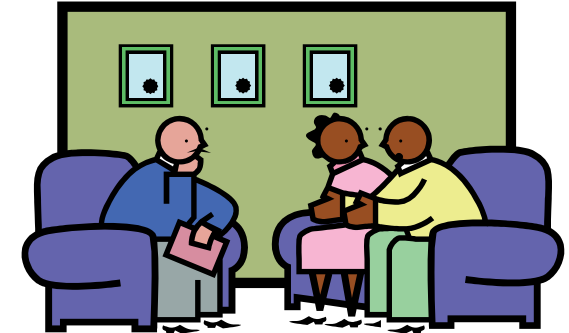
*Illustrations by: Microsoft Word Clip Art, 2013*

*Designed by: Nova Scotia Health Authority, Central Zone Patient Education Team*

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The information in this pamphlet is to be updated every 3 years.

# Social Work



**Compassion**

**Accountability**

**Respect**

**Excellence**

## Mission

Social Workers assist individuals and families coping with life changes and stress from trauma, illness, or disability.

Our goal is to provide the highest standards of Social Work practice to individuals, families, and communities.

## Values

Social Workers build on the strengths and resources of those we work with.

We are dedicated to preserving the values of human dignity, compassion, respect, and self-determination.



View our webpage at [www.cdha.nshealth.ca](http://www.cdha.nshealth.ca) under 'Programs & Services'

## Social Workers help with:

- **Adjustment or coping** with illness, injury, and disability
- **Death, grief, and loss**
- **Lifestyle changes**
- **Referral** to community agencies
- **Complex discharge needs** (care at home, nursing home, or other long-term care options)
- **Concerns** about hospitalization
- **Practical support and/or financial concerns** (e.g. equipment needs, information about income support programs)
- Other individual or family concerns (e.g. dependency issues, caregiver stress, family conflict)

*Social Workers are members of inter-professional healthcare teams in both inpatient programs and ambulatory care clinics.*

## Social Workers help by:

### Counselling

- Providing counselling around coping, managing crisis, adjustment, bereavement, and resources to individuals, couples, families, and/or groups

### Advocating

- Supporting patients and families to access needed services and resources

### Collaborating

- Working with our healthcare teams and the community to provide the best care and discharge planning

### Educating

- Providing education to patients, families, healthcare teams, and community agencies

*Social Workers are registered members of both the Canadian Association of Social Workers and the Nova Scotia Association of Social Workers.*