

Cape Breton Heart & Lung
Wellness Centre Referral Record

Sydney
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Baddeck
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Inverness
Phone: (902) 258-1905
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DIAGNOSIS: _____

- Cardiac Rehab/Secondary Prevention:** A 12-week rehabilitation program for persons having experienced any of the following conditions: heart attack (MI), angioplasty (stenting), bypass surgery, acute coronary syndrome/angina. Consideration will also be given to persons with congestive heart failure, atrial fibrillation, valve surgery. Participants of the Heart & Lung Wellness Cardiac Rehab Program will attend the centre 2 to 3 times each week for supervised exercise, education, and risk factor modification.

- Primary Prevention/Risk Management:** Limited seats are available to attend the **12-week cardiac rehab/secondary prevention program** as a form of primary prevention for participants who are high-risk but have not yet experienced a cardiac event. Participants with established CAD or diabetes are automatically considered high-risk.

- Pulmonary Rehab:** A 12-week rehabilitation program for persons experiencing any of the following conditions: COPD (chronic bronchitis, emphysema), asthma, bronchiectasis, cystic fibrosis, interstitial lung disease, lung cancer, lung reduction surgery, lung transplant, pulmonary hypertension, silicosis, and sarcoidosis. Participants of the Pulmonary Rehab Program will attend the Heart & Lung Wellness Centre twice weekly for supervised exercise, education, and risk factor monitoring.

**Please include most recent:
History, Physical, Discharge Summary, Consults, Stress Tests, etc.**

Additional Comments: _____

Referral date: _____
DD/MM/YYYY

Dietitian Physiotherapist

Referred by: _____
Signature

Physician Other:

