



Collaborative Family Practice making a difference

Learn how the team at the Collaborative Family Practice in Springhill are making their healthcare model work for their community, and their work-life balance.

Research project bringing Canada's first emergency department MRI to Nova Scotia



A partnership between NSHA and Synaptive Medical Inc. will see the installation of Canada's first dedicated emergency department magnetic resonance imaging (MRI) to the QEII health Sciences Centre. Over the next three years, the Biomedical Translational Imaging Centre (BIOTIC) at NSHA will work with Synaptive Medical Inc. to study the impacts of the MRI's use in the emergency department. The results could determine a new standard of care in emergency departments across Canada.

"Nova Scotia is a hub of cutting-edge scientific research, learning and discovery," said Gail Tomblin Murphy, vice president of research and innovation at the health authority. "Through the application of innovation and research in health and health care like this, we are able to ensure that we are employing the benefits of technology breakthroughs for enhanced quality and safe patient care."

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Renewing our strategic plan together

NSHA's strategic plan, "Healthier Together," is set to expire in 2019 and we are embarking on a strategic plan renewal process. This serves as an opportunity for employees, physicians, volunteers, learners, partners and our communities across the province to be involved in shaping the principles that guide the work we do each and every day in service of Nova Scotians.

Healthier Together

RENEWING OUR PLAN 2019-22

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Celebrating progress at Dartmouth General



NSHA recently celebrated a big milestone in the redevelopment of the Dartmouth General Hospital with the official opening of their new entrance.

Find out why the redevelopment here means more to the community than just new buildings.

Getting intensive care patients moving benefits both physical and mental health



Ann Bannon credits her remarkable recovery in large part to the early mobility initiative in the Halifax Infirmary's intensive care unit (ICU), which gets patients up and moving – with help – as soon as possible.

Her experience is a prime example of the positive impact of early mobility over a focus on bed rest in ICUs.

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Community Health Boards in Cape Breton Regional

Municipality launch community health plan

The three community health boards (CHBs) in the Cape Breton Regional Municipality (CBRM) - Central Cape Breton County, East Cape Breton County and Northside the Lakes – have launched their community health plan for 2019 – 2022.

The plan focuses on the social determinants of health – those things in the community which support health and wellness. It also has two purposes: to serve a roadmap to guide the CHBs' work locally for the next few years and to help ensure local issues are considered in Nova Scotia Health Authority's health system planning.

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Design consultant in place to lead South Shore Regional Hospital renovation project



Plans to modernize South Shore Regional Hospital are moving forward. NSHA and The Government of Nova Scotia recently announced that exp. Architects Inc. will lead the design of the multi-year, multi-million dollar-renovation and addition at South Shore Regional Hospital.

"The complexity and delivery of health care has changed a lot since this hospital was designed and built more than 30 years ago," said Dr. Greg McNally, chief of South Shore Regional Hospital's emergency department. "Our patients and their families, along with staff and physicians, will benefit from new, bigger and more modern spaces. This will help ensure care is patient-centred and streamlined with improved layout and workflow."

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Finding a primary care provider - January snapshot

Improving access primary care is a priority for NSHA. We are continually recruiting for family doctors - over 130 have been recruited since April 2016 - and we have added over 100 nurse practitioners, family practices and other primary health care professionals to collaborative family practice teams since March 2017. Registry staff

Finding a Primary Care Provider in Nova Scotia - January 2019 Snapshot

61,299

Nova Scotians
have found a family practice since
November 2016

Approximately
4,100 people

found a family doctor or nurse practitioner
each month in 2018

52,680

Nova Scotians
are on the Need a Family Practice Registry,
as of January 1, 2019

This represents
5.7% of the population



Monthly activity

In December 2018

7,252 people

found a family practice

In December 2018

3,799 people

added their names to the registry

Total number of Nova Scotians by area



are working diligently to assist people on the registry find a family practice.

We report on our efforts monthly. Here is the most recent data on the provincial Need a Family Practice registry.

If you need to be connected with a family practice and have not already registered, please visit <https://needfamilypractice.nshealth.ca/> or call 811 between 10 a.m. and 6 p.m. Monday to Friday.

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Fatty Liver Disease - managing the epidemic

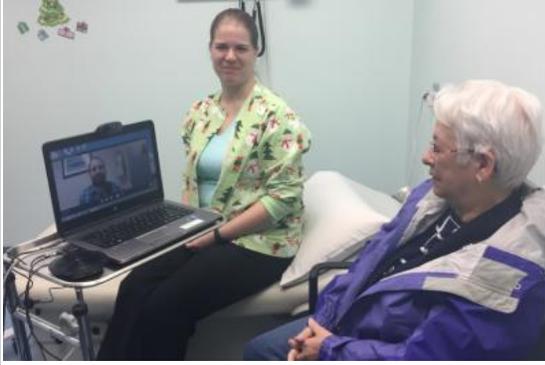
35
to 40% of the adult
population of NS is affected
by fatty liver disease.
This is higher than the global
estimate of 25%.

If fatty liver disease is diagnosed early enough—before it progresses to the inflammatory stage that accelerates scarring and leads to cirrhosis—it can be halted and even reversed with weight loss and lifestyle changes

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Health care with a tech twist in Digby

Virtual care clinic expands options for care at Digby and Area Health Services Centre.



Virtual care appointments enable family doctors and nurse practitioners who are not local to provide access to care in the Digby area. The time a primary care provider would spend driving is transformed into more appointment time to see patients.

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Our people in profile

All across NSHA, employees, physicians, learners and volunteers perform many different roles and work in many different departments but share a common focus: supporting and delivering high - quality care and service to Nova Scotians. We're shining a light on that work through the Our People in Profile Series. We encourage you meet some of the people who work, learn and volunteer at NSHA by visiting our website regularly or following us on Facebook, Twitter and Instagram.

[Contact Us](#)

